



ELK ROCK

LUNCH MENU

August 31, 2026 - September 5, 2026

Lunch: Monday - Saturday: 11 am - 2 pm

SANDWICHES

Deli Sandwich - Cold or Grilled 3 / 6

Bread: Buttermilk, Nine-Grain, Sourdough, Rye, or Gluten-Free

Choice of: Turkey, Ham, Roast Beef, Egg Salad, or Tuna Salad

Choice of: American, Cheddar, Swiss, or Havarti

Add: Mayo or Mustard

Add: Lettuce, Tomato, or Red Onion

Add: Sweet or Dill Pickle

Reuben Sandwich (D) 3.5 / 7

Angus corned beef, rye bread, sauerkraut, Swiss cheese, and 1000 Island dressing.

All Beef Hot Dog 6

Diced onion and relish upon request

SPECIALS

HEARTH OVEN SPECIAL 8

Blue Cheese & Walnut Flatbread (D/Nuts)

Blue cheese crumbles, toasted walnut, shaved Granny Smith apples, and arugula tossed in Honey Vinaigrette, on flatbread.

ELK ROCK GRILL SPECIAL 8

Turkey & Cranberry Bagel Sandwich (D)

Griddled sliced turkey on a toasted bagel with melted Brie cheese, arugula, and cranberry sauce. Served with steak fries.

SIDES

Soup of the Day 3 / 5

French Fries 1

Sweet Potato Fries 1

Brown Rice 1

Coleslaw 1

Carrot Raisin Salad 1

Daily Dessert 1

Cottage Cheese 1

Vegan Four Bean Chili
(GF/DF/OF/VE) 1

Kettle Chips 1

• BBQ

• Honey Mustard

• Sea Salt

DAILY SOUPS & DESSERTS

Monday, August 31

SOUP:

- Potato & Ham (D)
- Tuscan Vegetable (GF/DF/OF/VE) ↓

DESSERT:

- Lemon Cranberry Muffin (D)

Tuesday, September 1

SOUP:

- Turkey Noodle (DF) ↓
- Vegetable Barley (DF/OF/VE)

DESSERT:

- Chocolate Sheet Cake (D)

Wednesday, September 2

SOUP:

- White Bean & Italian (GF/*D) Note: Optional Parmesan Garnish
- Wild Mushroom (GF/DF/OF/VE) ↓

DESSERT:

- Triple Berry Bar (D)

Thursday, September 3

SOUP:

- Beer & Cheese (D)
- Summer Vegetable Soup (GF/DF/OF/VE) ▼↓

DESSERT:

- Brookie Bar (D)

Friday, September 4

SOUP:

- New England Clam Chowder (D)
- Golden Potato (GF/DF/OF/VE)

DESSERT:

- Nanaimo Bar (D)

Saturday, September 5

SOUP:

- Chicken & Wild Rice (D)
- Tomato Dill (GF/DF/OF/VE) ♦

DESSERT:

- Caramel Pecan Bar (D/Nuts)



ELK ROCK

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy

(DF) Dairy Free • (A) Contains Alcohol • (OF) Oil-Free • (♦) Low Carb • (▼) Low Sodium • (♦) Low Fat