



ELK ROCK

LUNCH MENU

August 10, 2026 - August 15, 2026

Lunch: Monday - Saturday: 11 am - 2 pm

SANDWICHES

Deli Sandwich - Cold or Grilled 3 / 6

Bread: Buttermilk, Nine-Grain, Sourdough, Rye, or Gluten-Free

Choice of: Turkey, Ham, Roast Beef, Egg Salad, or Tuna Salad

Choice of: American, Cheddar, Swiss, or Havarti

Add: Mayo or Mustard

Add: Lettuce, Tomato, or Red Onion

Add: Sweet or Dill Pickle

Reuben Sandwich (D) 3.5 / 7

Angus corned beef, rye bread, sauerkraut, Swiss cheese, and 1000 Island dressing.

All Beef Hot Dog 6

Diced onion and relish upon request

SPECIALS

HEARTH OVEN SPECIAL 8

Greek Flatbread (D/VG)

Pesto, artichoke hearts, kalamata olives, red onion, sun-dried tomatoes, feta cheese.

ELK ROCK GRILL SPECIAL 8

Grilled Chicken Ciabatta Sandwich (DF)

Grilled chicken on toasted ciabatta bun, with basil aioli, red onion, arugula, and heirloom tomato. Served with chilled asparagus in a mustard herb vinaigrette.

SIDES

Soup of the Day 3 / 5

French Fries 1

Sweet Potato Fries 1

Brown Rice 1

Coleslaw 1

Carrot Raisin Salad 1

Daily Dessert 1

Cottage Cheese 1

Vegan Four Bean Chili
(GF/DF/OF/VE) 1

Kettle Chips 1

• BBQ

• Honey Mustard

• Sea Salt

DAILY SOUPS & DESSERTS

Monday, August 10

SOUP:

- Navy Bean and Ham (GF/D) ↓
- Roasted Red Pepper and Corn (GF/DF/OF/VE) ↓

DESSERT:

- Pistachio Nut Rolls (D/Nuts)

Tuesday, August 11

SOUP:

- Creamy Chicken Alfredo (D)
- Watermelon Gazpacho (GF/DF/OF/VE) ♦↓

DESSERT:

- Assorted Cupcakes (D/Nuts)

Wednesday, August 12

SOUP:

- Beef Noodle (DF)
- Spring Vegetable and Miso Soup (GF/DF/OF/VE)

DESSERT:

- Assorted Macrons (D/Nuts)

Thursday, August 13

SOUP:

- Goulash (D)
- Beet Gazpacho (GF/DF/OF/VE) ♦↓▼

DESSERT:

- Chunky Chocolate Chip Cookies (D)

Friday, August 14

SOUP:

- Manhattan Clam Chowder (GF/D) ♦↓
- Vegetable Quinoa (GF/DF/OF/VE) ↓

DESSERT:

- Oatmeal Marionberry Cheesecake Bar (D)

Saturday, August 15

SOUP:

- Minestrone (D) ↓
- Roasted Tomato Soup (GF/DF/OF/VE) ♦↓

DESSERT:

- Dark Chocolate Brownies (D)



ELK ROCK

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy

(DF) Dairy Free • (A) Contains Alcohol • (OF) Oil-Free • (♦) Low Carb • (▼) Low Sodium • (+) Low Fat