



ELK ROCK

LUNCH MENU

August 24, 2026 - August 29, 2026

Lunch: Monday - Saturday: 11 am - 2 pm

SANDWICHES

Deli Sandwich - Cold or Grilled 3 / 6

Bread: Buttermilk, Nine-Grain, Sourdough, Rye, or Gluten-Free

Choice of: Turkey, Ham, Roast Beef, Egg Salad, or Tuna Salad

Choice of: American, Cheddar, Swiss, or Havarti

Add: Mayo or Mustard

Add: Lettuce, Tomato, or Red Onion

Add: Sweet or Dill Pickle

Reuben Sandwich (D) 3.5 / 7

Angus corned beef, rye bread, sauerkraut, Swiss cheese, and 1000 Island dressing.

All Beef Hot Dog 6

Diced onion and relish upon request

SPECIALS

HEARTH OVEN SPECIAL 8

Roasted Red Pepper, Prosciutto, & Goat Cheese Flatbread (D)

Roasted red peppers, prosciutto, crumbled goat cheese, and arugula with apple cider vinaigrette.

ELK ROCK GRILL SPECIAL 8

Italian Sausage Roll (D)

Grilled Italian sausage, on Italian roll with griddled onions and bell peppers. Served with a simple pasta salad.

SIDES

Soup of the Day 3 / 5

French Fries 1

Sweet Potato Fries 1

Brown Rice 1

Coleslaw 1

Carrot Raisin Salad 1

Daily Dessert 1

Cottage Cheese 1

Vegan Four Bean Chili (GF/DF/OF/VE) 1

Kettle Chips 1

• BBQ

• Honey Mustard

• Sea Salt

DAILY SOUPS & DESSERTS

Monday, August 24

SOUP:

- Lemon Chicken & Rice (GF/D) ↓
- Roasted Cauliflower Soup (GF/DF/OF/VE) ↓

DESSERT:

- Lemon Bars (D)

Tuesday, August 25

SOUP:

- Creamy Potato & Bacon (D)
- Cabbage & Potato (GF/DF/OF/VE) ♦↓

DESSERT:

- Double Chocolate Chunk Muffin (D)

Wednesday, August 26

SOUP:

- Beef Stew (D)
- Lentil & Root Vegetable (GF/DF/OF/VE) ↓

DESSERT:

- Baklava (D/Nuts)

Thursday, August 27

SOUP:

- Hungarian Mushroom (D/VG/A)
- Summer Vegetable Soup (GF/DF/OF/VE) ▼↓

DESSERT:

- Chocolate Almond Coffee Cake (D/Nuts)

Friday, August 28

SOUP:

- Shrimp Chowder (D)
- Corn Chowder (GF/DF/OF/VE/Nuts) ↓

DESSERT:

- Chocolate Chip Brownies (D)

Saturday, August 29

SOUP:

- Italian Wedding (D)
- Summer Corn & Lima Bean Soup (GF/DF/OF/VE) ↓

DESSERT:

- Brown Butter & Sea Salt Rice Crispy Treats (GF/D)



ELK ROCK

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy

(DF) Dairy Free • (A) Contains Alcohol • (OF) Oil-Free • (♦) Low Carb • (▼) Low Sodium • (†) Low Fat