



WHITE OAK GRILL

SPECIALS TODAY

Sunday, August 30, 2026

ENTREES

Pollo Asado (GF/DF) ♦ 6

Chicken thighs, cumin, oregano, orange juice, lime, and achiote paste.

Carne Asada (GF/DF) ♦ 6

Flank steak, lime, orange, cilantro, garlic and cumin.

**Soy Curl Asado
(GF/DF/OF/VE) 6**

Soy curls, garlic, achiote paste, orange juice, and lime juice.

SIDES

Arroz Amarillo (GF/DF/VE) ↓ 1

**Deconstructed Elotes
(GF/D/VG) ▼ 1**

**Steamed Green Beans
(GF/DF/OF/VE) 1**



WHITE OAK GRILL

SPECIALS TODAY

Monday, August 31, 2026

SOUPS

Potato & Ham (D) 3/5

**Tuscan Vegetable
(GF/DF/OF/VE) ↓ 3/5**

ENTREES

**Beef Medallion with
Mushroom Sauce (D) ♦ 6**
Beef, flour, mushrooms, and
onions.

**Lemon & Rosemary Shrimp
(GF/DF) ♦ 6**
Shrimp, olive oil, lemon,
rosemary, and garlic.

**Vegetable Pot Pie
(DF/OF/VE/A) 6**
Onion, carrots, celery,
mushrooms, thyme,
rosemary, red wine, zucchini,
yellow squash, peas, roasted
vegetable broth, puff pastry,
and parsley.

SIDES

**Hazelnut Rice Pilaf
(GF/DF/OF/VE/Nuts) 1**
**Asparagus with Toasted
Hazelnuts & Lemon Zest
(GF/DF/VE/Nuts) ♦▼ 1**
**Steamed Swiss Chard
(GF/DF/OF/VE) 1**



WHITE OAK GRILL

SPECIALS TODAY

Tuesday, September 1, 2026

SOUPS

Turkey Noodle (DF) ↓ 3/5

**Vegetable Barley (DF/OF/VE)
3/5**

ENTREES

Jamaican Chicken (GF/DF) ♦ 6

Chicken thighs brown sugar, garlic powder, thyme, marjoram, allspice, coriander, cinnamon, nutmeg, paprika, and cayenne.

**Coconut Braised Pork
(GF/DF) 6**

Pork, onion, ginger, garlic, coconut milk, broth, and thyme.

**Tempeh Vegetable Skewers
(GF/DF/OF/VE) 6**

Tempeh, vinegar, lemon, mint, maple, and assorted vegetables.

SIDES

Garlic & Herb Brown Rice

Quinoa (GF/DF/OF/VE) ♦▼↓ 1

Spinach Callaloo (GF/DF/VE) ♦ 1

**Steamed Asparagus
(GF/DF/OF/VE) 1**



WHITE OAK GRILL

SPECIALS TODAY

**Wednesday,
September 2, 2026**

SOUPS

White Bean & Italian
(GF/*D) Note: Parmesan
Topping Optional 3/5

Wild Mushroom
(GF/DF/OF/VE) ↓ 3/5

ENTREES

Bangers & Mash (D) 6
Pork sausages, mashed
potatoes, butter, and onion
gravy.

Butter Crumb Cod (D) ♦ 6
Cod, butter and Ritz
crackers.

**Mushroom Nut Loaf with
Vegan Mushroom Gravy**
(GF/DF/VE/Nuts) 6
Mushrooms, pecans, onions,
almonds, and sorghum flour.

SIDES

Mashed Potatoes (GF/D) 1
Glazed Rainbow Carrots
(GF/D/OF/VG) ♦▼ 1
Steamed Peas
(GF/DF/OF/VE) 1



WHITE OAK GRILL

SPECIALS TODAY

Thursday, September 3, 2026

SOUPS

Beer Cheese Soup (D) 3/5

**Summer Vegetable
(GF/DF/OF/VE) ▼↓ 3/5**

ENTREES

**Dijon & Herb Braised
Chicken Thighs (DF/A) 6**
Chicken thighs, onions,
garlic, flour, wine, broth,
Dijon, tarragon and parsley.

Beef & Italian Lasagna (D) 6
Marinara sauce, pork,
ground beef, ricotta cheese,
parmesan, and egg noodles.

**Vegan Mushroom Ragu with
Gluten-Free Chickpea Pasta
(GF/DF/OF/VE/A) 6**
Onions, mushrooms, carrots,
celery, wine, and tomatoes.
With Gluten-Free penne
pasta.

SIDES

**Creamy Polenta
(GF/D/VG) ◆▼ 1**
**Herb Roasted Nightshades
(GF/D/VG) ◆ 1**
**Steamed Brussels Sprouts
(GF/DF/OF/VE) 1**



WHITE OAK GRILL

SPECIALS TODAY

Friday, September 4, 2026

SOUPS

**New England Clam Chowder
(D) 3/5**

**Golden Potato
(GF/DF/OF/VE) 3/5**

ENTREES

Spanish Chicken (GF/D/A) 6
Chicken breasts, onion,
garlic, brown sugar, cumin,
sweet paprika, chicken
stock, white wine, vinegar,
bay leaves, capers, butter,
and parsley.

**Mediterranean Seafood
Ragout (GF/D/A) ↓ 6**
Onions, carrots, garlic,
green peppers, oregano, red
pepper flakes, tomato,
wine, potatoes, clam juice,
cod, shrimp, parsley, and
parmesan.

**Spanish Pisto with Chickpeas
(GF/DF/OF/VE) 6**
Portobello, green onions,
cornstarch, balsamic
vinegar, vegan
Worcestershire, brown
sugar, rosemary, garlic,
and black pepper.

SIDES

**Orange Rice Pilaf
(GF/DF/VE) ▼↓ 1**

**Tomato Braised Cauliflower
(GF/DF/VE) ◆↓ 1**

**Steamed Broccoli
(GF/DF/OF/VE) 1**



WHITE OAK GRILL

SPECIALS TODAY

Saturday, September 5, 2026

SOUPS

Chicken & Wild Rice (D) 3/5

Tomato Dill (GF/DF/OF/VE)

◆ 3/5

ENTREES

Pork Loin with Apricot & Rosemary Glaze

(GF/D/A) ◆▼↓ 6

Pork loin, butter, shallots, garlic, white wine, apricots, rosemary, and cinnamon.

Paprika Baked Salmon

(GF/DF) ◆ 6

Orange juice, salmon, olive oil, thyme, brown sugar, paprika, and cinnamon.

Spinach & Walnut Stuffed Portobellos

(GF/DF/OF/VE/Nuts) ◆

Portobello mushrooms, spinach, yellow onions, walnuts, garlic, and balsamic vinegar.

SIDES

French Onion Mashed Potatoes (GF/D) 1

Roasted Brussels Sprouts (GF/DF) ◆ 1

Steamed Cauliflower (GF/DF/OF/VE) 1