



Dinner	Entrée 1	Entrée 2	Vegetarian Entrée	Starch	Vegetable	Steamed Vegetable	Dessert
Week:	8/30-9/5 Open 4PM - 6PM						
Sunday	Pollo Asado	Carne Asada	Soy Curl Asado	Arroz Amarillo	Elotes, Deconstructed	Green Beans	Chef's Choice
Monday	Beef Medallions w/ Mushroom Sauce	Lemon & Rosemary Roasted Shrimp	Vegetable Pot Pie	Hazelnut Rice Pilaf	Asparagus w/ Toasted Hazelnuts & Lemon Zest	Swiss Chard	Blueberry Pie
Tuesday	Jamaican Chicken	Coconut Braised Pork Roast	Tempeh & Vegetable Skewers	Garlic & Herb Brown Rice/Quinoa	Spinach Callaloo	Asparagus	Blueberry Pie
Wednesday	Bangers & Mash w/ Onion Gravy	Butter Crumb Cod	Mushroom Nut Loaf w/ Vegan Mushroom Gravy	Mashed Potatoes	Glazed Rainbow Carrots	Peas	Layered Strawberry Shortcake
Thursday	Dijon & Herb Braised Chicken Thighs	Beef & Italian Sausage Lasagna	Vegan Mushroom Ragu w/ GF Chickpea Penne	Creamy Polenta	Herb Roasted Nightshades	Brussels Sprouts	Layered Strawberry Shortcake
Friday	Spanish Chicken	Mediterranean Seafood Ragout	Spanish Pisto w/ Chickpeas	Orange Rice Pilaf	Tomato Braised Cauliflower	Broccoli	Banana Cream Pie
Saturday	Pork Loin w/ Apricot & Rosemary Glaze	Paprika Baked Salmon	Spinach & Walnut Stuffed Portobellos	French Onion Mashed Potatoes	Roasted Brussels Sprouts	Cauliflower	Banana Cream Pie
Salad/Soup	• Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit •						
Alt Dinner Entrée	• Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger •						
Alt Sides	• Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Steamed Carrots • Brown Rice • French Fries						
Alt Desserts	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •						