

Monday, September 21

German Sausage & Barley (D)

Autumn Vegetable & Quinoa (GF/DF/OF/VE) ↓

Tuesday, September 22

Spanish Chicken & Rice (GF/D)

Tuscan Vegetable (GF/DF/OF/VE) ↓

Wednesday, September 23

Bean & Bacon (GF/DF)

Cabbage & Apple (GF/DF/OF/VE) ▼↓

Thursday, September 24

Polenta, Kale & Italian Sausage (GF/D/A)

Spiced Carrot & Tahini (GF/DF/OF/VE)

Friday, September 25

Manhattan Clam Chowder (GF/D) ♦↓

Roasted Red Pepper & Corn (GF/DF/OF/VE) ↓

Saturday, September 26

Minestrone (D) ↓

Tomato Florentine (GF/DF/OF/VE) ♦↓
