



ELK ROCK

LUNCH MENU

September 14 - September 19, 2026

Lunch: Monday - Saturday: 11 am - 2 pm

SANDWICHES

Deli Sandwich - Cold or Grilled 3 / 6

Bread: Buttermilk, Nine-Grain, Sourdough, Rye, or Gluten-Free

Choice of: Turkey, Ham, Roast Beef, Egg Salad, or Tuna Salad

Choice of: American, Cheddar, Swiss, or Havarti

Add: Mayo or Mustard

Add: Lettuce, Tomato, or Red Onion

Add: Sweet or Dill Pickle

Reuben Sandwich (D) 3.5 / 7

Angus corned beef, rye bread, sauerkraut, Swiss cheese, and 1000 Island dressing.

All Beef Hot Dog 6

Diced onion and relish upon request

SPECIALS

HEARTH OVEN SPECIAL 8

Red Pepper & Feta Flatbread (D)

Roasted red pepper sauce, feta cheese, arugula, cumin vinaigrette, and sumac.

ELK ROCK GRILL SPECIAL 8

Pimiento Cheese & Bacon Bagel (D)

Bagel, pimiento cheese, bread & butter pickles, and bacon. Served with waffle fries.

SIDES

Soup of the Day 3 / 5

French Fries 1

Sweet Potato Fries 1

Brown Rice 1

Coleslaw 1

Carrot Raisin Salad 1

Daily Dessert 1

Cottage Cheese 1

Vegan Four Bean Chili
(GF/DF/OF/VE) 1

Kettle Chips 1

• BBQ

• Honey Mustard

• Sea Salt

DAILY SOUPS & DESSERTS

Monday, September 14

SOUP:

- Andouille Sausage & Red Bean (GF/DF)
- Creole Okra & Corn (GF/DF/OF/VE) ♦↓

DESSERT:

- Assorted Cupcakes (D)

Tuesday, September 15

SOUP:

- Beef Stroganoff (D)
- Colcannon (GF/DF/OF/VE) ▼↓

DESSERT:

- Chocolate Chunk Cookies (D)

Wednesday, September 16

SOUP:

- Chicken & Dumpling (D)
- Creamy Carrot & Coriander (GF/DF/OF/VE)

DESSERT:

- Chocolate Caramel Tarts (D)

Thursday, September 17

SOUP:

- Hungarian Mushroom (D/VG/A)
- Curried Zucchini (GF/DF/OF/VE) ♦▼↓

DESSERT:

- Lemon Pullman Coffee Cake (D)

Friday, September 18

SOUP:

- New England Clam Chowder (D)
- Mediterranean Split Pea (GF/DF/OF/VE)

DESSERT:

- Chocolate Chip Cookies (D)

Saturday, September 19

SOUP:

- Ultimate Baked Potato (D)
- Roasted Tomato (GF/DF/OF/VE) ♦↓

DESSERT:

- Chocolate Chip Cookies (D)



ELK ROCK

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy

(DF) Dairy Free • (A) Contains Alcohol • (OF) Oil-Free • (♦) Low Carb • (▼) Low Sodium • (†) Low Fat