



At The Neighborhoods

Week: 9/20-9/26

Open 11AM - 2PM

Lunch	Soup	Entrée	Dessert
Sunday	Chef's Choice	Bay Shrimp Melt	Chef's Choice
Monday	German Sausage & Barley	Classic Beef Sliders ~ Beet & Goat Cheese Sliders	Buttermilk Blueberry Muffins
Tuesday	Spanish Chicken & Rice	Chipotle Chicken Quesadilla ~ Vegan Cumin Roasted Squash Quesadilla	Ice Cream Treat of the Day
Wednesday	Bean & Bacon	Baked Penne w/ Ground Beef ~ Vegan Baked Penne w/ Impossible Beef	Pumpkin Vanilla Swirl Loaf Cake
Thursday	Polenta, Kale & Italian Sausage	Loaded Baked Potato w. Four Bean Chili, Cheddar Cheese, Chives & Sour Cream (Vegan Cheddar Cheese Available)	Chef's Choice
Friday	Manhattan Clam Chowder	Chinese Chicken Salad ~ Chinese Baked Tofu Salad	Milkshakes
Saturday	Minestrone	Chicken Shawarma ~ Vegetarian Shawarma (both served with Pita, Tzatziki & Tomato Cucumber Relish)	Oatmeal Raisin
Entree Salads and Soups	• Garden • Caesar • Crunchy • Cottage Cheese • Fruit • • Tomato or Chicken Noodle Soup •		
Sandwiches	• PB Sandwich • Tuna Salad • Egg Salad • Turkey Sandwich • Ham Sandwich • Grilled Cheese • - Reuben • Hamburger • Hot Dog • Veggie Burger • Gardein Chick'n •		
Alt Dessert	•Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin•		