

ENTREES - SAVORY

Egg Breakfast (DF) 7

Two eggs cooked to order, choice of protein, starch, and bread.

Cheddar Biscuit Breakfast Sandwich (D) 7

Choice of protein, two triangle hashbrowns, one over-hard fried egg, white cheddar, and red onion, on house made cheddar biscuit.

Classic Breakfast Bagel Sandwich (D) 7

Choice of protein, one over-hard fried egg, chive cream cheese, sliced tomato, arugula, and red onion, on bagel.

Chicken Fried Steak (D) 9

Chicken fried steak, country sausage gravy, two eggs cooked to order, choice of starch, and bread.

Biscuits and Gravy (D) 4 / 6

Half or full order. Country sausage gravy, split biscuit, and two eggs cooked to order.

Quiche of the Day (D) 8

Butter pastry crust, eggs, and mixed greens salad.

Avocado Toast (DF/VE) 7

Rustic white bread, avocado, lemon vinaigrette, sliced radish, microgreens, and sumac.

Vegan Grits (GF/DF/OF/VE/Nuts) 7

Creamy grits, house cashew milk, nutritional yeast, roasted forest mushrooms, kale, and roasted tempeh "croutons."

Add Egg 2

ENTREES - SWEET

Pancake Breakfast (D) 6

Two banana whole wheat pancakes with butter and syrup, two eggs cooked to order, and choice of protein.

Scottish Oatmeal (GF/D/VG/Nuts) 6

Brown sugar, toasted walnuts, maple syrup, and butter.

Add bananas and berries 1

Yogurt and Granola Parfait (GF/D/VG) 6

Greek yogurt, house-made gluten-free granola, mixed berries, and seasonal fruit.

CHEF'S SPECIALS

Breakfast Burrito (D) 7

Tortilla, triangle hashbrowns, scrambled eggs, white cheddar cheese, bacon, or sausage patty, and cilantro lime and mild hatch chile sauce.

Blueberry Oatmeal Bake (GF/D/VG/Nuts) 7

Pecans, oats, cinnamon, nutmeg, butter, eggs, maple syrup, and blueberries.

SIDES

Vegetable of the Day

(GF/DF/OF/VE) 1

One Egg 2

Caesar Salad (D) 3

Garden Salad (GF/DF) 3

Two Pancakes (D) 4

Starch:

Triangle Hashbrowns 1

Potatoes O' Brien 1

Mixed Fruit 2

Daily Dessert 3

Protein:

Bacon (2) 3

Sausage Link 3

Sausage Patty 3

Vegan Sausage Patty 3

Slice of Bread 1

Choice of Buttermilk,

Sourdough, Nine-Grain, Rye,

English Muffin, Biscuit,

Gluten-Free Bread,

Gluten-Free English Muffin +1