



Lunch	Soup	Entrée	Dessert
Week: 10/4-10/10		Open 11AM - 2PM	
Sunday	Chef's Choice	Lasagna ~ Vegetarian Lasagna	Chef's Choice
Monday	Kielbasa & Cabbage ~ Moroccan Chickpea	Hot Italian Beef Sandwich ~ Hot Italian Tempeh Sandwich	Pistachio Nut Roll
Tuesday	Turkey Noodle ~ Lentil & Root Vegetable	Ground Beef Enchiladas ~ Impossible Ground Beef Enchiladas	Salted Caramel Pretzel Brownie
Wednesday	White Bean & Italian Sausage ~ Mushroom Barley	Chicken Alfredo, Broccoli & Rice Casserole ~ Vegan Alfredo Broccoli & Rice Casserole	Oatmeal Raisin Sandwich Cookie
Thursday	Broccoli & Cheddar ~ Roasted Cauliflower	Ham Tetrazzini ~ Vegan Mushroom Tetrazzini	Assorted Tarts
Friday	Salmon Chowder ~ Three Bean	Five Spice Chicken Salad ~ Five Spice Soy Curl Salad (both contain Cashews and Sesame)	Peanut Butter Cookies
Saturday	Corn Chowder ~ Thai Coconut Tomato	Coney Island Hot Dogs ~ Vegan Coney Island Hot Dog	Peanut Butter Cookies
Salads and Soups	• Garden • Caesar • Crunchy • Cottage Cheese • Fruit • • Tomato or Chicken Noodle Soup •		
Sandwiches	• PB Sandwich • Tuna Salad • Egg Salad • Turkey Sandwich • Ham Sandwich • Grilled Cheese • - Reuben • Hamburger • Hot Dog • Veggie Burger •		
Alt Dessert	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •		