



Dinner	Entrée 1	Entrée 2	Vegetarian Entrée	Starch	Vegetable	Steamed Vegetable	Dessert
Week:	10/4-10/10 Open 4 PM - 7 PM						
Sunday	Yankee Pot Roast	Bourbon Honey Baked Ham	Tempeh Stew	Scalloped Potatoes	Green Bean Amandine	Cauliflower	Chef's Choice
Monday	Braised Moroccan Chicken	Moroccan Sweet & Spicy Shrimp	Couscous Stuffed Portobello Mushrooms	Coriander & Cardamom Spiced Rice	Curried Zucchini & Yellow Squash	Asparagus	Blueberry Pie
Tuesday	Maple & Soy Glazed Sole	Vietnamese Caramel Pork	Korean BBQ Marinated Tempeh	Jasmine Rice	Miso Roasted Carrots	Broccoli	Blueberry Pie
Wednesday	Honey Dijon Glazed Chicken Thighs	Bangers & Mash w/ Onion Gravy	White Bean & Kale Ragout	Mashed Potatoes	Roasted Asparagus	Swiss Chard	Fruit Cobbler
Thursday	Chicken Fricassee	Beef Stroganoff	Portobello Stroganoff	Egg Noodles	Sauteed Broccoli	Peas	Fruit Cobbler
Friday	Sour Cream & Dill Baked Cod	Beef Medallions w/ Forest Mushroom & Bacon Medley	Vegetable Bread Pudding	Roasted Fingerling Potatoes	Braised Swiss Chard	Green Beans	Tuxedo Cake
Saturday	Pork Scallopini	Salmon w/ Pesto Cream Sauce	Eggplant Involtini	Lemon Parmesan Orzo	Herb Roasted Beets	Kale	Tuxedo Cake
Salad/Soup	• Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit •						
Alt Dinner Entrée	• Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger •						
Alt Sides	• Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Steamed Carrots • Brown Rice • French Fries						
Alt Desserts	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •						