



## A Tale of Two Transformations

Story and photos by Joline Shroyer

Volunteer service on our 27-acre campus grounds keeps many residents busy at Willamette View. The Outdoor Campus Committee is one group that maintains trees, gardens, and nature paths. Other residents volunteer to tend selected areas of our landscape. Active gardeners **Marilyn Feldhaus, Kiko Kimura, Donna Kling, Glenn and Judy Ruminson, and Ann Warren** are among those who spend many hours tending the beauty of our grounds. Here is a story of two more residents — **David Mecklem** and **Dave Brockman** — and how they came to care for and renovate the major northwest areas of the WV campus. *Continued on page 10*



David Mecklem between his two garden projects with his favorite hoe

### June Table of Contents

	Page
A Tale of Two Transformations	1
COVID Classes 2020, 2021 celebrate	1
Resident Council — "It's the People"	2
Residents Association meeting on June 8	2
Book Review —	
1920 — <i>The Year of the Six Presidents</i>	3
June Movies	3
The Way We Were: Our Libraries	5
Low Vision Printed Materials	5
Check it out — Accessing Large Print Books	6
Vision Support News	6
Pet a Pooch News	6
Force of Nature — Lois Lobdell	7
New residents	8
Nominating Committee	8
Reducing and Reusing — A Continuation	8
Technology Updates	9
Try This Title — <i>A Woman of No Importance</i>	9
Celebrate Summer with the Leff Trio	11
Pianist from Washington State	12
Apartment Moves	12
In Memoriam	12
The Roots — A Memoir Writing Group	12
String Communication	13
JAZZ UP to play Gershwin on July 4	13
Poems of Love and Learning	14
Rear Window — Shrooms	15
Ongoing Campus Activities	16

## COVID Classes 2020, 2021 celebrate a Worldwide Winter Wonderland

Story on page 4



From left: Janet Friedman, Sharon Gross, Barbara Limandri, Nancy and John Bouwsma celebrate at the Worldwide Winter Wonderland gala on May 10. Photo by Gary Smith

## From the Resident Council

by Ann Phelps, Council Vice Chair

### “It’s the People”

At our Resident Council meeting last month, **Director of Sales Mark Hollis** responded to a question about what is relevant in promoting Willamette View today. Mark said that marketing Willamette View is unique because it is about showcasing our community of people. He said, “The community is what sets us apart from the competition. It’s the people that make this place special.”

When we first arrive at our new home on the stunning Willamette View campus, we each receive a legacy built by residents who have preceded us. We are welcomed and invited to participate in a banquet of activities and resident life opportunities. This legacy is a gift. All we have to do is show up and receive it. The table is already set and the meal is ready to serve.

This legacy — our community — does not stand still. We are in continual movement forward while still holding on to past traditions. As new residents join us, interesting contours are added to our resident life. Each person brings talents and stories of diverse life experiences to enrich us. We all have a role to play in shaping, nurturing, and preserving our community. Every act of volunteering, no matter how small, contributes to this growth. Each time I walk by the Triangle Garden project, I am inspired by the sight of old and new residents working together to create a beautiful outdoor space. And it is equally satisfying to see residents gathering at the windows to observe and enjoy this process of growing a legacy for the future.

The theme of the upcoming **June 8 Residents Association Meeting** is **Growing Our Future**. Growing our legacy depends on each of us. The Willamette View community sustains each of us, and, in turn, each of us has a responsibility to help sustain the community – by our willingness to serve, by contributing our time, talents, and energy, and by being a good neighbor.



**Save the Date!**

**June 8 — 3 p.m.**

**Live in the Blue Heron Auditorium**

**or via Zoom**



### Stay informed — attend the Residents Association meeting on June 8

The Residents Association meeting has an important and informative agenda planned. New residents who have moved into WV in the past six months will be introduced. CEO **Craig Van Valkenburg**, WV, Inc., Board Chair **Deidra Kryss-Rusoff**, Director of Philanthropy **Loraine Collacchi**, and Resident Council Chair **Glenna Kruger** will present annual reports. Other business will include a vote on proposed constitutional changes, treasurer’s report, and election of new council members. The **slate of nominees** is on page 8.

## Willamette Views

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Submit articles to  
[mhsoco@gmail.com](mailto:mhsoco@gmail.com)  
by the 17th of the month  
or to 204BH.  
Articles may be edited.

## Review reveals overview of pivotal period of change in US history

by Carla Harris

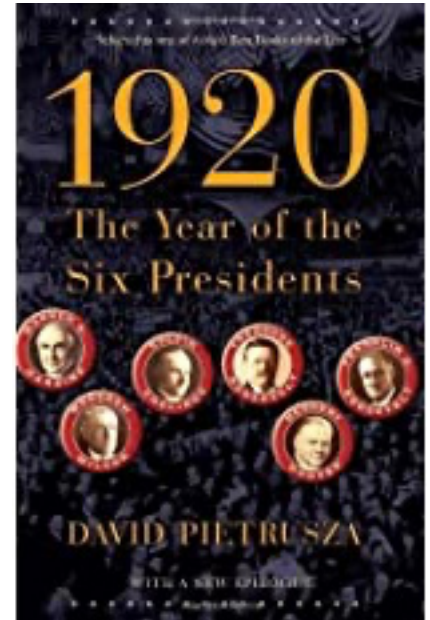
**Ron Gustafson** will review *1920 — The Year of the Six Presidents* by David Pietrusza on Wednesday, **June 15**, at 10:30 a.m. in the Blue Heron Auditorium. The book offers an overview of a pivotal period of change in our country.

How could there be six presidents in one year? Actually, only two served as president, but four future presidents also were involved in politics then. 1920 was the first election to have results broadcast on radio. That year's census revealed that America had become an urban nation as it approached the Roaring Twenties. President Warren Harding got involved in the Teapot Dome scandal. When he died in office, Calvin Coolidge inherited the mess.

The book reveals a panorama of presidential personalities, ambitions, plots and counterplots, deadlocked conventions, and smoke-filled rooms.

Ron, an alumnus of Willamette University, was a computer programmer, systems analyst, and business planning consultant for GMC Truck and European Operations, and then joined the Department of Defense.

Since moving to WV in 2002, Ron has chaired the Resident Council, co-chaired the Resident Technology Committee, and served on the Arts in Public Areas Committee, the Resident Emergency Response Team, and the Voter Information Committee, and has managed the Mart.



### June Movies

All movies will be shown in the Blue Heron Auditorium beginning at 6:30 p.m.

Donations gratefully accepted

#### Documentary film

Thursday, **June 2**: *Summer of Soul* (2021). In 2022, this film won two prestigious awards: Oscar for Best Documentary and Grammy for Best Music Video. It features recently discovered footage of a 1969 Harlem concert — same year as Woodstock. Stevie Wonder, Nina Simone, Gladys Knight & the Pips, Sly and the Family Stone, and many other young musicians are featured.

#### International film

Tuesday, **June 14**: *The Intouchables* (France, 2011). Based on a true story, a quadriplegic's world turns upside down when he hires a good-humored ex-con as a caregiver. Stars Francois Cluzet, Omar Sy, Anne Le Ny.

**Comedy/Drama/Biography. R**

#### Saturday night films

Optional discussions will follow

**June 4**: *Get On Up* (2014). This biopic traces James Brown's road from humble origins to superstardom. Chadwick Boseman is unforgettable in the starring role. Most music is from actual James Brown performances, supplied by co-producer Mick Jagger. **Biography/Drama. Loud music, drug use, strong language. PG-13**

**June 11**: *Belfast* (2021). This memoir of Kenneth Branagh's childhood depicts a violent time in Northern Ireland through the eyes of nine-year-old Buddy (Jude Hill). It examines how a loving family gets on with life. There's a nice balance in Buddy's relationships with his ailing grandfather and sharp-tongued grandmother (Ciarán Hinds and Judi Dench). The film is shot in black and

white, with sporadic bursts of glorious color. BAFTA award – Outstanding British Film. **Biography/Drama. Violence, strong language. PG-13**

**June 18**: *Midnight Run* (1988). Bounty hunter Jack Walsh (Robert De Niro) is hired to take an erratic mob accountant (Charles Grodin) from NYC to Los Angeles. Jack must evade the mob and FBI in a madcap cross-country chase to collect the bounty. Golden Globe — Best Comedy. **Action/Comedy. Strong language. R**

**June 25**: *Philomena* (2013). Based on a true story, Philomena (Judi Dench) searches for the son she was forced to give up as an unwed mother. The trail leads to the US and ends in Ireland. Nominated for four academy awards. **Drama. Language/Sexual references. PG-13**

## COVID Classes 2020, 2021 celebrate a Worldwide Winter Wonderland

by Don Brown, Event Co-Chair

Photos by Gary Smith



“Spectacular,” “magical,” “sparkling,” “fun, relaxing, and delightful from beginning to end,” — these are a few of the comments from some of the 82 guests who attended their “new resident” class party.

Originally, this party was scheduled for February 1 and then, because of COVID concerns, postponed until **May 10**. In spite of the calendar indicating it’s spring, party planners retained the theme because it still feels like winter here in Oregon and it’s always winter somewhere in the world.

Attendees were given small dots to be posted on three large maps to indicate where they born, where they’ve lived the longest as adults, and where they resided before moving to Willamette View. Not surprisingly, most residents were from the West Coast and the eastern mid-Atlantic states, with a smattering of folks from states in between.

A three-piece band played as guests enjoyed elegant hors d’oeuvres and adult beverages as well as mocktails.

These were followed by a delicious buffet dinner and a variety of scrumptious desserts.

The **Food & Beverage Staff** prepared and served the meal and beverages for the party. **Chad Grove’s** brilliance, assisted by the artistic creations of the **Decorations Committee**, transformed the Blue Heron Auditorium into a virtual winter wonderland.

Partygoers were treated to a variety of competitive questions with winners receiving \$10 bills. Master of Ceremonies for the evening, **Joe Johnson**, thanked party organizers and members of the **Willamette View administration** who made the party possible.

Joe regaled everyone with his jokes, including this one: “So Ole has serious lower back pain and goes to the ER. He is surprised and also happy to be examined by a woman doctor. She checks out his appendix and tells Ole, ‘You have acute appendicitis.’ Ole, smiling, says to her, ‘Doctor, I bet you have a cute one, too.’”

**Gary Smith’s** party photos are currently displayed in the Resident Archives Room.



Judy Ruminson, Pete Walker, and Glenn Ruminson



Don and Carol Anne Brown



Yoshiko and Ron Ture

## *The Way We Were: Our Libraries Here and Now*

*by Carol K. Borjesson*

Seven years ago, my first visit to Willamette View included a tour of all three libraries. With lots of strategically placed, comfy-looking chairs; bookworm heaven!

What I didn't know was that the libraries here had been undergoing a sea change. The collection was typical of older libraries. Built by retired librarians without access to modern technology, it was a mix of some newer best sellers and many old titles – some so old their pages were crumbling. Shelf space had grown extremely tight over the years.

Willamette View residents are, on average, well traveled and well educated. We grew up with libraries. With so many books on hand, our libraries should have been hives of activity. But they weren't.

Between 2010 and 2015, Willamette View attracted some new residents determined to bring Willamette View's libraries into the 21st Century. They included retired librarians **Mary Norman**, **Penny Fiske**, and **Wyma Rogers**; educator **Donna Krasnow**; information technology specialist **Paul Fiske**; and others.

One of the first things our libraries would need was an online card catalog. Penny started researching affordable, dependable technology. Mary took on the challenge of developing an intentional collection – one that reflected evolving residents' interests. A huge part of that effort included comprehensive book deselection (also known as "weeding") that resulted in halving the collection — from 9,000 to 4,500.

Books that weren't being read or that were in poor condition were sent to local libraries. There, they were used as part of those libraries' fundraising efforts.

Key to the process was figuring out residents' preferences. Approximately 20 resident members of the Library Committee's new Selection Subcommittee would take on that responsibility. Their job was to make recommendations of their own, as well as seeking out suggestions from neighbors and friends.

That process has worked well. Every other month, these volunteers receive ballots with new book titles in residents' preferred categories — mysteries, nonfiction, and fiction. Some suggestions come from current best-seller lists. "Our readers want to keep up with what everyone else is reading," says Mary. Synopses accompany every title. Votes are tallied. And the winners wind up on our library shelves.

Willamette View is a very literate community, says Wyma. "The use of books here per capita now is off the charts, compared to public libraries." And that's thanks mostly to a handful of dedicated residents who gave us something we didn't even realize we needed. Until we had it.

**Next month: The Libraries Reflect Our Culture**

## **Low Vision Printed Materials — A Friendly Reminder**

*by the Low Vision Support Group*

If you would like low vision members of our community to be able to read your publications — bulletin board notices, flyers, menus, signage, etc. — please follow these guidelines:

1. Strong text to background contrast (black text on white or yellow background, or white text on black background — no other color text or background)
2. Simple sans serif font type — bold preferable; no italics or script
3. Font size 18 or larger

## ✓ Check it out

by Sandra Gerling

### ACCESSING LARGE PRINT BOOKS BEYOND OUR LIBRARY

Large print book lovers, this one is for you. This article is printed in font size 16 — the size used by large print publications.

If you think you have read everything in the Willamette View large print collection, help is at hand.

Clackamas Library Network has 12,500 **large print titles** in its collection. **Oak Lodge Librarian Nick**, manager of **Homebound Services**, can easily have your desired large print books delivered to your home **free** with free postage return. All you need is a library card and a phone call to Nick at 503-655-8543. If you do not have a card, he will issue one for you. Nick will be here to help on Thursday, **June 9**, in the Court Family Room from 1:30 to 2:30 p.m.

There is another way you can create a large print book. If you have an iPad or other digital device, it is possible to download books from the library with the ability to enlarge the print, change backgrounds, and enlist voice-over so it is read aloud to you. Again, Nick can help with this. Bring your device.

Finally, if you can no longer see print material, there are many resources available, and this will be the focus of a future article in this newsletter. Meanwhile, a first step is to contact Talking Books of Oregon at 1-800-452-0292. They are part of the National Library Service.

Questions? Call Sandra Gerling (6515).

### Vision Support News

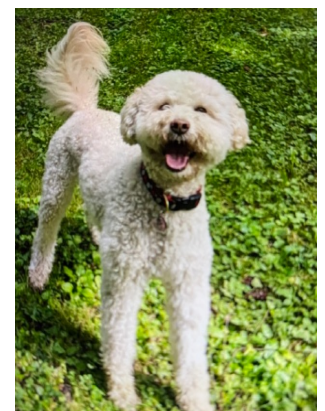
by Sandra Gerling

#### Low Vision Mutual Self-Help Peer Support Group to meet

The group will share concerns, struggles, and insights about vision loss on Wednesday, **June 8**, in the Court Family Room on the second floor, from 1:30 to 2:30 p.m. This is not a therapy group; it is a peer, mutual help group facilitated by Counselor **Linda Tofflemire**. All discussions are confidential.

### Pet a Pooch News

Standard poodle **Rossa** and owner **Barbara Limandri** will be in the Plaza lounge on Tuesday, **June 7** and **21**, from 2:30 to 3:30 p.m. **Emma** and owner **Marie Gilliam** will be in the Terrace lobby on Monday, **June 13** and **27**, from 10:30 to 11:30 a.m. **Bonny Belle** and owner **Judith Webber** will be in the North Pointe lounge on Friday, **June 6** and **20** from 10:30 to 11:30 a.m. Also at North Pointe, **Maggie** and owner **Donna Kling** will be there **every Wednesday** from 2 to 2:45 p.m.



Emma

## Force of Nature by Sherry Johnston

**Lois Lobdell's** 100<sup>th</sup> birthday impatiently leans against the doorway, waiting to be celebrated soon. Her basket of memories overflows with cherished people, places, and service. Too many to list in order and all too interesting to wait in line. Her room in the Heritage Rose Neighborhood of the Health Center is filled with photos, awards, art, and other treasures that highlight her journey.

Her dad's job as a water engineer took the family to live at the side of the **Grand Coulee Dam**. As a teenager, Lois climbed around the 550-foot-tall structure; and years later, as an RN,



relhurst Park. She and RCA still get together to sing favorites at her keyboard.

Sharing stories of long ago binds her heart to her family and service. We elders know how some memories heighten, fade, and twist. Her role as the wife of an Annapolis graduate naval pilot and her service as an RN easily rise to the surface.

She honors the memory of her 60+ years as an RN. She smiles at counting the 30 times of relocating to all the places that John served. Her function as an officer's wife, mom, and nurse flowed with only a bit of interruption. War and peace, the USA and abroad, and Red Cross disaster responses provided different addresses and conditions, but her passion for service never wavered.

Looking back, Lois holds no regrets. She said "yes" to service whenever it called and married the love of her life and raised the children that their love nurtured.

Their life at WV enriched the couple's retirement. And she's shown generous proof of her commitment to our community by donating pieces of her most precious memorabilia to our **Blue Heron Foundation** to be auctioned, and they will help fund WV's important communal programs.

Well done! Happy Birthday, Lois!



rode in a speeding ambulance with flashing lights and piercing siren over the top road to rescue the injured driver of an overturned bulldozer on the opposite side. Fearlessness in a small package.

Her childhood family experiences form a picture of parents who encouraged the kids to test and taste the world around them – including music. Everyone played a musical instrument to be enjoyed separately or as a group.

Lois and **John** moved here in 2002. Her WV music involvement spans serving as **RCA Moore's** sing-along pianist to joining our choir to dancing at a club near Portland's Lau-



## New residents enjoy WV amenities

Photos by Mike Lincicum



*Cathy Kirkland*

**Cathy Kirkland** and **Jim Hare** moved to 508D on February 22, coming from a condo in Sellwood. They had previously lived at John's Landing.

Cathy attended Lewis and Clark College, earning a BA, MAT, and JD. She is a retired attorney. Her interests include sewing and reading.

Jim attended Lafayette College for a BA, and Purdue, earning a PhD. He was a biochemistry professor at Oregon Health & Science University Hos-



*Jim Hare*

pital, where he did research as well as teaching.

Jim's interests include golf, hiking, biking, and art. Currently, he enjoys researching and the fitness center.

They have two sons, four daughters, and five grandchildren.

The factors that influenced them to choose Willamette View include the beautiful campus, the location, inside walkways, the friendly atmosphere, and the Resident Council model.

### Nominating Committee will present councilor slate on June 8

The following slate of nominees for Resident Council positions was presented to the Resident Council on May 6. The election will take place at the Residents Association meeting on **June 8**, at 3 p.m. in the Blue Heron Auditorium and via Zoom.

**Gardens & Plants Councilor:**

**John Holderness**

**Health Resources Councilor:**

**Barbara Limandri**

**Recreation Councilor:**

**Marilyn Feldhaus**

**Services Councilor:**

**Susan Genne**

**Technology Councilor:**

**Earl Westfall**

**Personnel Committee:**

**Pam Brown, Shirley Leung**

Nominating Committee members:

**Judith Kleinberg**

**Kay Kuramoto**

**Bob Palandech**

**David Perry**

**Elise Meyers, Chair**

**Susan Bolton, RC Secretary**

## Reducing and Reusing — A Continuation

*by Marilee Thompson, Green Team*

We already recycle paper, so what else is there to say or do about plain old paper? The recycling monitors find paper that is perfectly useful in the recycling bins. Why is it being recycled? Because it has printing on one side and is considered to have served its purpose.

But what about the unused side? If someone is printing a shopping list, a note to a housemate, a to-do list, a trial copy of a document, letter, or any number of casual things, why would it matter if the reverse side wasn't pristinely blank?

Much of this half-used paper comes from the offices when a document is produced, and not all of them are used,

nor are the daily menus from the dining venues that are useful for one day.

The Manor has a box where these papers can be deposited for anyone to take what they need for personal use. Take time to think before you print on brand new paper: "Can I use paper that's not brand new for this item I'm printing?" If everyone here printed just one document on reused paper once a week, we could save a ream of paper every week — 52 reams (26,000 sheets of paper) per year.

This seems like a pretty big payoff for very little effort.



# Technology Updates

## Set a Browser Bookmark? Huh? Why? How?

by Donna Krasnow, Technology & Help Desk Workgroup

Do you need help using our resident website, the online dining portal, or the online library website? The Technology & Help Desk Workgroup offers four classes this month that may interest you.

**June 6: How to Use Bookmarks**  
(shortcuts to websites you frequently visit)

**June 20: How to Use the Dining Room Portal**  
(make reservations and order food)

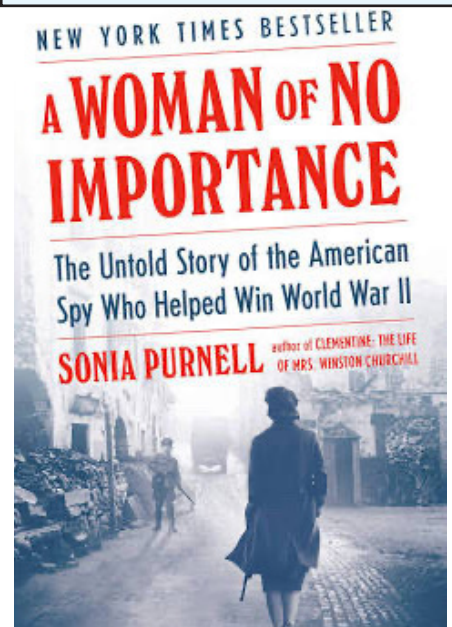
**June 22: Overview of How to Use the Resident Website**

**June 27: How to Search for Books on the Library Website**

All four one-hour classes are at 2 p.m. in the Court Family Room. Each class is independent of the others, and you are welcome to attend one, two, or more. You must register for each class, however, because space is limited. Why? We provide one mentor for each enrollee so that each of your questions and concerns can be addressed. If more residents indicate interest than we have space, we will offer additional classes in the summer. To enroll in each class, call **Donna Krasnow** (6418).

## Try This Title

by Penny Fiske



"[An] excellent biography ... if Virginia Hall herself remains something of an enigma — a testament, perhaps, to the skills that allowed her to live in the shadows for so long — the extraordinary facts of her life are brought onto the page here with a well-judged balance of empathy and fine detail. This book is as riveting as any thriller, and as hard to put down."

*The New York Times Book Review*

Publication date: 2019

Manor Library 940.54 PUR



Proud parents lead ducklings to the WV pond  
Photo by Joyce Liljeholm



Growing babies enjoy the water  
Photo by Candace Bradley

## A Tale of Two Transformations

*Continued from page 1*

Portland native **David Mecklem** marched as a Boy Scout in the Rose Festival Parade. He studied economics at the University of Oregon and Oregon State University, and retired after working for Bonneville Power Administration. In 2015, after David and **Ethel** moved to the Manor, he served a three-year term on the Garden Committee. When 2018 North Pointe construction displaced the shrubs and roses there, Willamette View hired a landscape architect to design a new rosebed plot, with plant shed and compost bins, for the lawn area north of the Manor – in view of the Mecklems’ windows. When residents were invited to sign up for the new beds, transfer roses from the former beds, or add new ones, the Mecklems adopted their “backyard” bed and ordered roses from catalogs displayed in the Manor. David tends their 14 roses, but also fosters a bed for a disabled resident and delivers blooms to others. Before the 2021 Rose Festival contest, Portland’s Royal Rosarians toured all WV rosebeds and conferred a winning award — the plaque is on display in the

Manor rose garden.

Working there, David noted many needs in the oval, mixed-plants plot to the northwest, around the copper beech tree. Wanting to maintain the beauty of the campus, in 2019 he added care for that bed, too. He has since weeded, edged, fertilized, watered, moved plants, and repaired the leaking bird bath moved there from North Pointe grounds.

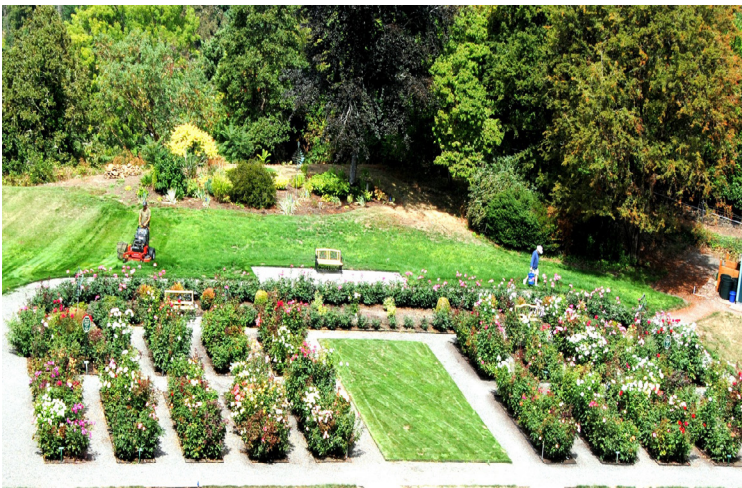
**Dave Brockman** grew up in Port Orchard, WA, trained in nuclear power at the Naval Nuclear Power School, and studied science at OSU. He worked in the nuclear industry at Pearl Harbor and Puget Sound naval shipyards and retired from Washington’s Hanford Nuclear Plant. Wherever he and **Cheryl** relocated, they always took pride in their yards. In fall 2019, after moving from Portland’s South Waterfront district to North Pointe, Cheryl adopted one large rosebed and Dave became the foster dad to other rosebeds needing care.

Inspired by David Mecklem’s work in the mixed-plant bed, Brockman de-

cided in 2021 that since this was also *his* backyard, he would “park out” the unsightly area along the north property line. WV gardener **Kirk Westphal** agreed to do cleanup. Over the past year, Dave has regularly tackled that 2,700-square-foot project.

The eight laurels, two small deodar cedars, and other plants there were overgrown and obscured — some even damaged from lack of water — by blackberry, boxwood, weeds, and primarily English ivy. The ivy — on Oregon’s noxious weed list — had encroached over the fence from neighboring property and smothered the WV plants. Across that entire north boundary, using his own “manpower” tools and electric pole saw, Dave tore out and dug up huge piles of deep-rooted vegetation and lopped off low hawthorn branches, with Kirk regularly disposing of the debris mounds. For rest breaks, Dave installed his own bench at the west end. With open space now available, he planted his five new rhododendrons with help from a WV Will-

*Continued on page 11*



*Before: 2019 — Congested area from mixed-plant bed (center, with dark copper beech tree extending east to shed). David Mecklem is visible tending roses.*



*After: 2022 — Same area; with copper beech tree on left (extending east to shed) now cleared and planted by Dave Brockman, holding his “manpower tools” and surveying his achievements.*

## A Tale of Two Transformations

*Continued from page 10*

ing Weeder, **Donna Kling**, and since then, he has watered plants back to health. Appropriately crowning the appeal of our newly spacious backyard is the graceful three-foot sculpture of two great blue herons that Dave purchased online and attached to a tree-stump pedestal east of the shed. This beautiful art piece and the two graceful, small deodar cedars now visible are a highlight for passersby.

Having transformed two unattended areas of WV property, dedicated residents David Mecklem and Dave Brockman each plan to continue their efforts toward a mutual goal: Assure that this part of our unique river-view landscape remains charming and welcoming.



2022 – Cleared area with heron sculpture, small deodar cedar, and Dave Brockman east of shed (North Pointe in view) is now welcoming new plantings.

## Celebrate Summer with the Leff Trio

*by Harvey Leff, MusicWorks*

On Tuesday, **June 7**, from 7 to 8:15 p.m. in the Blue Heron Auditorium, **MusicWorks** presents the 14th Willamette View **Leff Trio** concert. The trio consists of resident drummer **Harvey Leff** and twin sons **Jeremy** and **Jordan Leff**. Lead singer Jeremy will play keyboard and blues harmonica, and Jordan will play guitar and sing backup vocals. Residents have asked about the day jobs of the Leff twins. Jeremy is a graphic artist, who composes a coffee-roasting trade magazine called **Roast** on a computer. He is also webmaster at [www.roastmagazine.com](http://www.roastmagazine.com). Jordan is a recording engineer whose Secret Society Recording Studio closed during the pandemic. He has recorded CDs for many well-known musicians, including Curtis Salgado, Mary Flower, and k.d. lang. Recently he began helping Willamette View improve its sound quality in Blue Heron Auditorium performances and recordings. He is the dad of **Vivien**, who has played trumpet with the trio.

The upcoming June 7 playlist includes a host of much-loved songs, including “Summertime,” written by George Gershwin, and the Beatles’ “Here Comes the Sun,” written by George Harrison. The old songs “Whispering Grass” made famous by the Ink Spots in 1940, and Eddie Cantor’s memorable “Makin’ Whoopee,” from 1928, will also be included,

and the trio has worked up three more songs recorded by the Beatles: “Drive My Car,” “I’ve Got a Feeling,” and Chuck Berry’s “Rock and Roll Music.” Among the songs that round out the show will be Kenny Rogers’ “The Gambler” and the much-requested “Sing, Sing, Sing,” composed by Louis Prima in 1936 and famously recorded by Benny Goodman in 1937 with Gene Krupa providing the infectious drum beat.

Donations are appreciated, and checks can be made payable to Willamette View Association, with MusicWorks written in the memo line.

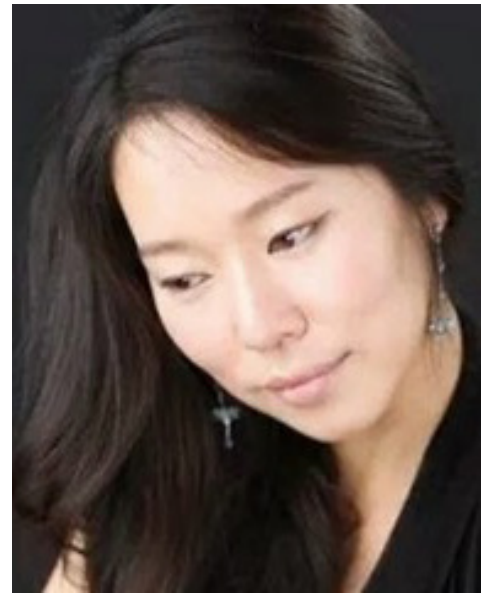


## Pianist from Washington State to perform at Willamette View

by Ginny Seabrook, Music Committee Chair

On Monday, **June 13**, concert pianist **Soo Lee Biancalana** will perform pieces by Chopin, Debussy, and Rachmaninoff in the Blue Heron Auditorium at 7 p.m. Born in Seoul, South Korea, Soo Lee came to America in her teens. She studied with many prestigious instructors, including John Perry and Norma Krieger, while attending the Coburn Conservatory at USC Thornton School of Music, where she received her Doctorate in Piano Performance. Biancalana has earned many awards – Beverly Hills Concert Series, 2009; Virginia Waring International Piano Competition, 2005; and MTNA Steinway Collegiate Artist Competition, 2001. She has performed all over the world, including in Los Angeles at

the Zipper Hall with Ronald Leonard, London Solists Chamber Orchestra at St. Martin in the Fields, the Pan Pacific Music Festival in Sydney, Australia, and the Klaviersommer in Bad Bertrich, Germany. Dr. Biancalana has collaborated with students of cellist Ralph Kirshbaum and violinist Robert Lipsett. She conducts master classes, teaches private students, and is a faculty member and judge for Eum-Ak Journal's Summer Festival and International Competition in South Korea. The Music Committee thanks new resident Bonnie Keller for arranging this concert. We are grateful for your generous contributions that help us bring fine musicians to WV.



### Apartment Moves April 22 – May 21

	From	To	Phone
Gary and Ann Glaze	New residents	314P	6559
Potter and Terry Herndon	New residents	209S	7076
Craig Iverson	New resident	508E	6784

### In Memoriam

April 22 – May 21

Bette Polly  
Susan Roberts  
Martin Small  
Carol Storer

### The Roots –

### A Memoir Writing Group

by Art Wilson, Hobbies/Special Interests Councilor

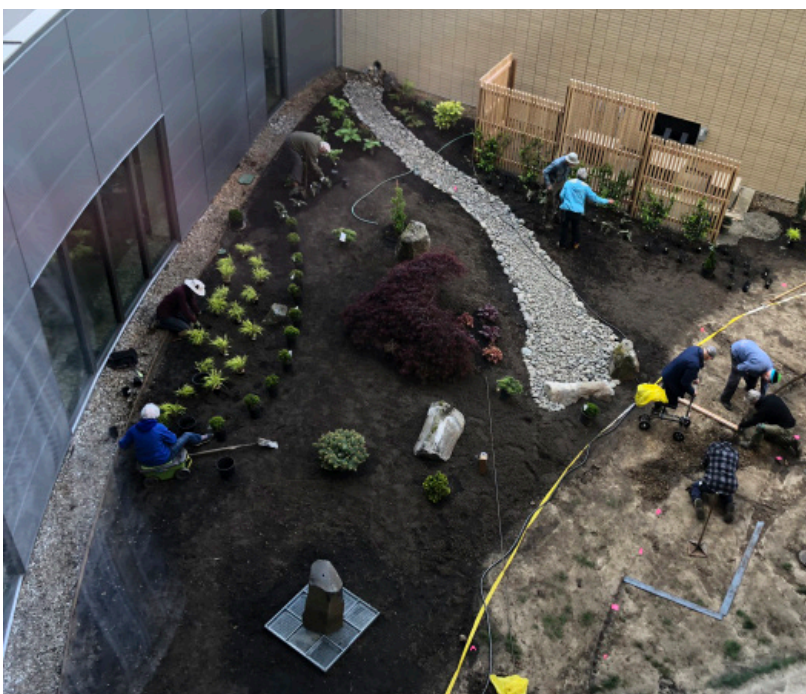
Let's reactivate **The Roots!** We need at least three more residents and a mentor to restart. If you are interested, please email me at

[arthandymanwilson@gmail.com](mailto:arthandymanwilson@gmail.com)

Let me know:

1. Are you a writer or a mentor (experience as an English composition teacher or newspaper editor)?
2. If you are a writer, tell where you are from and who the memoir is about – you? parents? family? friend?

Left: Residents working on the Triangle Garden project as seen from an upper Manor floor. Photo by Ruth Yokoyama



# String Communication

by Jane Cadwallader

When **Julie Wheeler** and **Donna Kling** moved into North Pointe three years ago, they discovered they were neighbors. Julie lives in 407NP with her husband, **Andrew**, and Donna lived in 307NP, one floor below. Within their first year here, COVID hit.

One day, while Donna was trying to get used to the isolation, she noticed something unusual on her balcony. There was a piece of paper dangling from a paper clip on a string just above the railing. She went outside, and there was a note from Julie, saying, “Hi, let’s do this!” Donna was delighted and jotted a note to Julie, saying “yes,” and now they have a two-year tradition of sending notes, holiday greetings, and birthday cards. They are continuing with this fun activity even though they can now visit in person.

Julie and Donna love “communication by string,” and Julie describes it as “a tactile experience.” Donna says that, for her, all the activities and interest groups at WV are wonderful, but it is the special communication with other residents like Julie that is the most meaningful.



Photo by Donna Kling

# JAZZ UP to play Gershwin on July 4

by Tom Henderson



Willamette View’s jazz band **JAZZ UP** will play a selection of songs composed by George Gershwin on Monday, **July 4**, at 7 p.m. in the Blue Heron Auditorium. This holiday concert will pay tribute to one of America’s favorite composers, and will include such Gershwin favorites as “Strike Up the Band,” “Embraceable You,” and “It Ain’t Necessarily So.”

Band members are **RCA Moore** on guitar and vocals, **Tom Henderson** on tenor sax, **John Weinstein** on bass, **Harvey Leff** on drums, and **Abigail Romick** on keyboard.

Left: Photo by Holly Henderson



*Poems of Love and Learning*  
by WV Residents

**Lessons from my Father**

How to dry the middle of your back,  
to hold on while  
being carried piggyback,  
clean your plate, don't lie.

And how to keep  
a baseball scorecard,  
drive a manual shift,  
pass a train, tie a sailor's knot.

Know the constellations and  
The Star Spangled Banner.  
You are your brother's keeper.

*Janet Friedman*  
2012

**Love**

With what you knew, you taught me  
With what you didn't know,  
you taught me.  
From what you did, I learned.  
From what you didn't do, I learned.  
You caused me to strive for the sun.  
I love you.

*Sandra W. Felkenes*

**Thresholds**

Thresholds invite us  
to pause  
notice  
name  
what we know we see  
in the moment  
at our feet  
and vanishing far into our future  
unknown  
Still  
we face our next step  
which will not wait forever.  
We know  
next steps do not wait forever always  
or even ever  
We know,  
ready or not,  
next steps stay at our feet  
until  
we own the truth we know will set us free  
to take the first, decisive step  
and then, the next  
and the next  
and next  
with a giddy rhythm, I surmise  
until I pause to notice  
I am not a make-believe "me"  
standing at a make-believe threshold,  
seeking a make-believe truth  
to set me free.  
I know it is I  
the Real, live Me  
at this threshold, now.  
Seeking my truth  
pausing  
noticing  
naming  
what I know I must do:  
This profoundly difficult task  
of saying goodbye to you.

*DandeeLine, May 2022*

## Rear Window by Frank Starr

### SHROOMS

Mushrooms, or shrooms, can be gorgeous, ugly, delicious, sickening, deadly or psychedelic. It all depends on which mushroom you have in mind and what you might do with it. Mushrooms are the fruiting body of fungi, like an apple is the fruiting body of an apple tree. The seeds of the apple could become a new apple tree; the microscopic spores of a mushroom might be the beginning of a new fungus.

Fungi are one of the four Eukaryotic kingdoms of life: plant, animal, protozoa and fungi. Eukaryotes are organisms whose cells have a nucleus enclosed in a nuclear membrane. Prokaryotes (bacteria and archaea) are single-celled organisms whose cell lacks a nucleus. Fungi are the ultimate decomposers! They get their nourishment by secreting digestive enzymes into their environment, dissolving and absorbing the molecules of fallen leaves, logs, rocks, and landfills, gradually turning those items into the soil that plants depend on. Without fungi most stuff wouldn't rot; it would just sit there.

We rarely see fungi, they live underground or within a plant or animal. Most fungi are microscopic, like the yeast used in bread and the yeasts that ferment the sugars in fruit into the alcohols of wine and beer. Some species can grow to be the largest organisms on Earth. The largest known fungus is a "honey fungus" in Oregon. It spreads across ten square kilometers, weighs hundreds of tons and is several thousand years old.

Thousands of species of fungi occupy a broad spectrum

of niches. Most are considered "mycelium fungi," which means they are made up of minuscule root-like structures known as mycelium. These mycelia secrete the enzymes that dissolve stuff and then absorb the minerals they have dissolved. Most importantly, they share the minerals they have collected with the roots of plants.

Nitrogen is one of the five essential elements in DNA (carbon, oxygen, hydrogen, nitrogen, and phosphorus). Only legumes of the pea family are good at converting the nitrogen in the air into the nitrogen plants and animals must have. Mycelia do it regularly and share their nitrogen with the roots of the plants that have no other way of acquiring nitrogen. Phosphorus is another of the five elements found in DNA and is necessary for all life. Unfortunately, even healthy soil is low in phosphate. Fungi to the rescue! A symbiotic relationship exists between a plant's roots and the mycelium of fungi: the plant gets phosphorus and nitrogen from the fungi and the fungus gets carbon that the plant has harvested from the air.

Many drugs, including penicillin, are derived from fungi. But not all fungi are positive! They are the cause of numerous plant and animal diseases. They cause athlete's foot, jock itch, ringworm, and several yeast infections. The mold on food you have left too long is a fungus. Fungal diseases eliminated two of America's most adored trees, the chestnut and elm, leaving forests without their best nut crop and city streets unshaded.



*Morel mushroom — delicious!*



*Earth Sky mushroom — poison!*

Activity	Day	Time	Location	Contact	Phone
Ham Radio Rag Chew	Saturday	9:30 a.m.	146.4 frequency	Dale Harris	6482
Book Review	Third Wednesday	10:30 a.m.	BH Auditorium	Carla Harris	6482
Briefings	Second & fourth Tues.	10 a.m.	Heron Lounge	Johanna Niemitz	7231
Catholic Communion*	1st, 2nd, 3rd Wed.	11 a.m.	Terrace Auditorium	Laverne Flaherty	6420
Catholic Mass*	Fourth Wednesday	11 a.m.	Terrace Auditorium	Laverne Flaherty	6420
Caregivers' Support Group	First & third Thursday	11 a.m.	Court Family Room	Linda Tofflemire	7355
Chorus	Thursday	1 p.m.	BH Auditorium	Holly Henderson	6704
Carpet Bowling	Mon., Wed., Thurs, Fri.		Court 1st Floor	Don Borjesson	6643
CPAP/BIPAP Users Support Group	Last Tuesday	2 p.m.	Heron Lounge	David Brockman	7218
Diversity and Inclusion Group	First Tuesday	10 a.m.	Zoom	Helen Spector	7034
Folk Dancing	Tuesday	3:45 p.m.	Multipurpose Room	Ellen Leff	6597
French Conversation	Tuesday	12 noon	Riverview	Gail Durham	6815
Garden Committee	Second Tuesday	10 a.m.	Court Family Room	Susan Bolton	7277
Gentle Yoga with Charlie	Monday, Wed., Friday	10:45 a.m.	Plaza Sunroom	David Kohnstamm	6727
Green Team	Second Wednesday	9:30 a.m.	Court Family Room	Wayne Potter	6623
Hooks and Needles	Tuesday	1 p.m.	Plaza Fireplace Lounge	Sandra Pagels	6549
Interfaith Questers	Monday	2 p.m.	Zoom	Bernard della Santina	6639
Line Dancing	Thursday	3:30 p.m.	Fitness Studio	Elaine French	6502
Living with Diabetes Group	Third Monday	3 p.m.	Heron Lounge	Stephen Ott	6771
Living with Pre-Diabetes Group	Third Monday	2 p.m.	Heron Lounge	Stephen Ott	6771
Low Vision Support Group	Second Wednesday	1:30 p.m.	Court Family Room	Sandra Gerling	6515
Mahjong	Monday	3 p.m.	Multipurpose Room	Pam Brown	6623
Manor Art Studio	Anytime			Gail Durham	6815
Manor and Court Workshops	Anytime			Robin Bolton	6430
Mindful Better Movement	Fitness Studio	10 a.m.	Fitness Studio	Anita August	7221
Mindfulness Meditation	First Sunday	4 p.m.	Terrace Auditorium	Frankie Borison	7215
	Second – fourth Sunday	4 p.m.	Zoom	Frankie Borison	7215
Mix & Mingle Bridge	Wednesday	5:30 p.m.	Heron Lounge	Jan Campbell	6822
Movies — Documentary Film	First Thursday	6:30 p.m.	BH Auditorium	Kay Kuramoto	2727
International Film	Second Tuesday	6:30 p.m.	BH Auditorium	Deanna Sundstrom	6483
Saturday Night Movie	Saturday	6:30 p.m.	BH Auditorium	Ellen Leff	6597
Nonfiction Book Review	Fourth Wednesday	10 a.m.	Heron Lounge	Ann Phelps	7213
Ping Pong	Monday, Wed., Friday	1:30 p.m.	Court 1st floor	Robin Bolton	6430
Pool Volleyball	Monday, Wed.	10 a.m.	Pool	Donna Krasnow	6418
	Friday	1 p.m.	Pool	Donna Krasnow	6418
Pickleball	Sun., Tues., Thurs.	9 a.m.	Sport Court	Gary Smith	6454
Plant-based Nutrition Group	Second Saturday	3 p.m.	Zoom	Jerry Smith	6502
Public Affairs Program	Third Thursday	7 p.m.	BH Auditorium	Paul Bosshardt	6823
Q&A by Craig and Kim	Last Wednesday	3 p.m.	Zoom	Susan Di Piazza	7351
Recorder Beginners	Tuesday	11:15 a.m.	Multipurpose Room	Cindy Mahlau	6348
Recorder Consort	Tuesday	12:30 p.m.	Multipurpose Room	Cindy Mahlau	6348
Resident Council Meeting	First & third Friday	9:30 a.m.	BH Auditorium, Zoom	Sandie Helmick	6511
Resident Food and Dining Committee	First Tuesday	2 p.m.	BH Auditorium	Phil Mirkes	6609
Sewing and Toy Room*	Anytime		Court 5th Floor	Sandra Pagels	6549
Team Trivia	Second & fourth Mon.	6:30 p.m.	Terrace Auditorium	Sherman Bucher	7214
Technology Coordinating Committee	Second Tuesday	3 p.m.	Plaza Mt. Jefferson Rm.	Earl Westfall	7223
UUs at WV	Third Tuesday	4 p.m.	Court Family Room	Jane Cadwallader	6455
Wednesday Walk	Wednesday	1 p.m.	Meet in front of Manor	Gary Smith	6454
Wine Tasting*	Second & fourth Tuesday	4 p.m.	Heron Lounge	Bob Kahl	6279
Yoga	Tuesday & Thursday	7:30 a.m.	Fitness Studio	Ann Rutz	6504
Chair Yoga	Thursday	9:15 a.m.	Multipurpose Room	Ann Rutz	6504

Keep information current; send changes to [mhsoco@gmail.com](mailto:mhsoco@gmail.com).

\*New or updated