



## Residents Association meeting addresses *Growing Our Future*

by MH Socolofsky



Council Chair **Glenna Kruger** called the **June annual meeting** of the **Residents Association** to order at 3 p.m. on **June 9**. The Blue Heron Auditorium was full and more residents participated in the hybrid meeting via Zoom. Glenna introduced Willamette View, Inc. board members, Resident Council members, and 33 new residents who have moved in since December. **Craig Iverson**, who had been on the WVI board for 13 years and is a former board chair, was among the new residents introduced.

Treasurer **Sandie Helmick** reported that over 25 resident activity groups brought in \$12,000 in the past year, contributing to the discretionary fund of the council. *Continued on page 7.*

An **Uncorked** event followed the Residents Association meeting, hosted by the administrative staff. Three serving areas offered wines and an extensive assortment of appetizers coordinated by **Food & Beverage Support Coordinator Chad Grove** and **Executive Chef Landon Leadford**.

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The new resident garden project is nearing completion in mid-June. Its new name will be announced on June 29 at its dedication. More photos are on page 4.



## From the Resident Council

by Ann Phelps, Council Vice Chair

### Why We Do This Work

Our **June 8** Residents Association meeting renewed our connectedness and brought us back to a full sense of community. Many said it was the best we have ever had. I think that reaction was due to many things. For me, the meeting and party felt like a return to how we were before COVID – it satisfied a longing to embrace each other in a shared community experience. Board Chair **Deidra Krys-Rusoff** said it was “an amazing event.” Council Chair **Glenna Kruger** summed it up saying, “It was wonderful to see the big crowd in the auditorium and watch people gathering afterwards and lingering for a long time. It



was a great reminder of why we do this work.”

We also had a chance for Willamette View, Inc. board members to get acquainted with us more personally. And, of course, **Uncorked** was fabulous. We thank the support from administration and the Food & Beverage staff. It was a joy to congregate in the Riverview lobby, Elk Rock, and on the patio, and to simply take in the feeling of being part of this community.

Part of the business conducted at the meeting was to elect a slate of new council members. Each fall and spring, a Nominating Committee calls for new leaders to step forward and assume the work of the Resident Council. So, it is important to ask: **What is the motivation to serve on council?** Why do council members do this work? Past Chair **Jim Marsh** says that it gives him the feeling that he is doing his part to contribute to this community. I asked the same question of one of the newest council members, Recreation Councilor **Marilyn Feldhaus**. She initially quipped that it was her “inability to say no,” but then went on to say that “it is a way of participating in the life of the community and assisting with decision making. It allows me to go beyond mere participation and to give back to the community – to work with other council members committed to make life at Willamette View worthwhile.”

Finally, our meeting was an opportunity to formally welcome residents who moved in during the past six months. I asked two of the new residents, “What is your impression of our campus and resident life?” Without any hesitation, one responded, “It’s simply the best!” The other said, “There’s nothing like it!” A lot of effort went into preparing for the June 8 meeting, and comments by these new residents were, for me, a reminder of why I do this work.



Server **Michelle Potts** captured photos of Mother Duck and her seven ducklings from their hatching early in the day of June 18 through their march toward the river immediately after. Michelle was able to follow the family as far as the railroad tracks just above the river. The nest had been in the patio bushes just outside the Riverview hallway window, and residents observed the patient mother throughout nest building and 28-day incubation period. John Holderness provided her with healthy food.

## Willamette Views

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Willamette View Residents Association  
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**Willamette View, Inc.**  
12705 SE River Road  
Portland, Oregon 97222

**Council Chair: Glenna Kruger**  
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Submit articles to  
[mhsoco@gmail.com](mailto:mhsoco@gmail.com)  
by the 17th of the month  
or to 204BH.  
Articles may be edited.

## July Movies

All movies will be shown in the Blue Heron Auditorium beginning at 6:30 p.m.

Donations gratefully accepted

### Documentary film

Thursday, **July 7: Maiden** (2019). The 39,000-mile Whitbread Round the World Yacht Race has all the elements of an epic adventure. Until 1989, the idea of an all-female crew entering the race was inconceivable. That year, history was made when an intrepid all-female crew with an inspiring 26-year-old skipper in a second-hand yacht named *Maiden* qualified to enter the race.

### International film

Tuesday, **July 12: The Life Ahead** (Italy, 2020). This drama, directed by Edoardo Ponti, stars Sophia Loren. In seaside Italy, a Holocaust survivor with a daycare business takes in a 12-year-old street kid who recently robbed her.

**PG-13**

### Saturday night films

Optional discussions will follow

**July 2: Oklahoma** (1955). When Curly (Gordon MacRae) rides through the cornfields singing “Oh What a Beautiful Morning,” he sets the tone for this colorful frontier musical – an eternally fresh and enjoyable movie. Oscars for Sound and Musical Scoring. **Musical/Romance. Sexual content. G**

**July 9: Late Night** (2019). Emma Thompson stars as a popular but declining late night TV host. She hires an Indian-American female writer (Mindy Kaling). This is a satire and timely workplace comedy. Thompson won Golden Globe nomination for Best Actress. **Comedy/Drama. Strong language, sexual references. R**

**July 16: Saturday Night Fever** (1977). Set in the 70s when discos and bell-bottoms were popular. Stars Oscar-nominated John Travolta with his dance moves to the Bee Gees’ “Stayin’ Alive.” **Music/Drama. Strong language, sexuality/nudity, drug use. R**

**July 23: Big Night** (1986). Italian brothers played by Stanley Tucci and Tony Shalhoub plan to save their restaurant business by honoring Louis Prima with a special evening. 17 award nominations. Sundance Award for Best Screenwriting. **Drama/Romance. R**

**July 30: A River Runs Through It** (1992). Brad Pitt and Craig Sheffer as the Maclean brothers living in rural Montana. The river and fly fishing become life metaphors. **Drama. PG**

## August Movies

### Documentary film

Thursday, **August 4:**

A Pair of Winners – two short Oscar-nominated films. **Audible** (2021) shows a winning high school football team from the Maryland School for the Deaf; much more than a sports documentary. **The Queen of Basketball** (2021) is a portrait of the delightful Lucy Harris, who scored the first basket in Women’s Olympic history and the first woman drafted by the NBA.

### International film

Tuesday, **August 9: Sunday’s Illness** (Spain, 2018). Decades after being abandoned as a young child, Chiara finds her mother and asks her to spend 10 days together in a remote location. Chiara has a hidden purpose with important implications.

### Saturday night films

Optional discussions will follow

**August 6: Quartet** (2012). Once popular opera diva Jean Horton (Maggie Smith) creates a stir with her arrival at a home for retired musicians. As residents plan the annual fundraiser, they realize that Jean completes the original Act III quartet in the opera *Rigoletto* that they had sung in to great acclaim years before. **Comedy/Drama. PG-13**

**August 13: The Eyes of Tammy Faye** (2021). Depicts the rise, fall, and redemption of televangelist Tammy Faye Bakker (Jessica Chastain, Oscar for Best Actress). With her husband, Jim Bakker (Andrew Garfield), she created a religious broadcasting network and theme park. Tammy Faye embraced people from all walks of life. **Drama/Romance. PG-13**

**August 20: Tinker Tailor Soldier Spy** (2012). The laconic George Smiley (Gary Oldman) is brought out of retirement to find the mole at the top of British Intelligence (MI6) at the height of the Cold War. Tomas Alfredson directs a top British cast in this dense puzzle of anxiety, paranoia, and espionage. From a novel by John le Carré. **Mystery/Thriller. Violence. R**

**August 27: The Blind Side** (2009). In this fact-based film, a burly homeless Black teenager, Michael Oher (Quinton Aaron), is taken in by the White family of Leigh Anne Tuohy (Sandra Bullock). This feisty mother of two supports the teenager through classes and on the high school football team. Michael is later drafted by the Baltimore Ravens. **Drama/Biography. Sexual references. PG-13**



## WV welcomes AdHoc WW5 — a woodwind quintet

by Ginny Seabrook, Music Committee Chair

These seasoned performers have played in many groups in the Portland area; they came together as AdHoc WW5 during COVID to make music while social distancing. They will perform in the Blue Heron Auditorium at 7 p.m. on Friday, **August 26**.

**Martin Sobelman**, clarinetist, is director of the Beaverton Community Band. He has been a member of the Northwest Wind Symphony since 2010, playing soprano, alto, and bass clarinets. He earned his BA degree from UC Berkeley, and completed graduate studies in conducting at the University of California, Santa Barbara. He is an active performer of chamber, orchestral, wind band, big band, and theater music in the Pacific Northwest.

**Lendie Bliss** has been a bassoonist since 8th grade, when her band teacher said, "All I need now is a bassoon!" Her first professional gig was with the Utah Symphony. She has

taught various instruments, orchestra, and choir for 20 years and recently was the bassoon professor at George Fox University.

**Holly Jackson**, French horn, will be playing with her mother (Lendie Bliss) for the first time. Holly studied French horn performance at BYU School of Music and earned a second degree in nursing at Georgetown. She plays with the Willamette Falls Symphony and sings with the local Cantico Singers. Holly makes music and nurses while raising two vivacious daughters.

**Rachel Thoroughman** is the principal oboist with the Willamette Falls Symphony and Tilikum Chamber Orchestra. She graduated from Minot State University in North Dakota with a degree in music education and has taught music in public and private schools. With her husband of 38 years, Rachel home-schooled three children.

**Mindy Lachner** has been playing



flute for over 50 years. She performs with the Oregon Symphonic Band, Hillsboro Symphony Orchestra, Willamette Falls Orchestra, Trillium Flute Consort, and the International Flute Orchestra. She holds a BS in chemical engineering from UC Berkeley, where she also played in the marching band.

This concert will be a rare treat for music lovers at WV. Don't miss the chance to hear clarinet, bassoon, French horn, oboe, and flute make beautiful music together.



These dedicated garden builders have been working on the resident garden project for months and are anticipating its completion by July. They are taking a rare seated break. From left: Judy Halesky, Cliff Hillebrandt, and Hugh Ferrar. The garden's new name was announced on June 29, after this issue had already gone to press. More garden stories will be in the September issue. Photos by MH Socolofsky



*The Way We Were: The Libraries Reflect Our Culture*  
by Carol K. Borjesson

Early in 2020, COVID was spreading rapidly. Hugs turned into elbow bumps. Smiles disappeared behind masks. A total library shutdown was likely. **Wyma Rogers** says, “All of us knew residents would need access to books during such a difficult time.” Former Library Committee Chair **Glenna Kruger** met repeatedly with the administration. Eventually, safety protocols were established. And the libraries remained open. “Early on,” says Wyma, “we were wiping down every book, wearing gloves, and cleaning the library workrooms each time we worked there. We had no idea it would be two years before we could get back on track.”



Wyma moved here in 2015. At that time, she was shocked to find residents’ names and room numbers on library checkout cards. “As a librarian,” she says, “people’s privacy was always primary. Why would residents make this information public? I learned that when it comes to what we read, there’s very little this community won’t talk about. We have a great deal of trust in the people we live with. We don’t use the information we come across to censure other residents for their reading choices.”

The libraries regularly sponsor events as part of an active approach to enhancing our culture. Last year, the Library Committee went all-out with a **Community Reads** project. Central to that event was a book that brought us together and got us talking about tough, important issues – **Kent Nerburn’s *Neither Wolf nor Dog***.

Wyma says most people don’t realize the therapeutic possibilities of books. For one thing, reading lowers people’s blood pressure. “In studies,” she says, “it’s been found that reading is more relaxing than walking, singing, or listening to music.” And that’s not all. Years ago, Wyma met a man who had suffered a stroke. “This man couldn’t focus his mind any more on anything. So he checked out an Elmore Leonard library book – and wound up reading everything Leonard ever wrote. And it worked. That man told me he actually learned how to focus again,” she says, “and that the books changed his life.”

Former Manor Library Manager **Judy Kleinberg** says when we think about the connection between our culture and our libraries, we shouldn’t forget the **Plaza Grab-and-Go bookcart**. In 2016, **Bubbles Lincicum** volunteered to maintain a small paperback library for residents who couldn’t walk far – and who didn’t want to have to finish a book by a set date. Judy says it’s a great alternative for people who wouldn’t otherwise have easy access to books. It’s a small but important piece of the picture of who we are.

Editor’s note: Carol Borjesson has written this monthly column, *The Way We Were*, for the past year. It was designed to inform newer residents about traditions at Willamette View that were less visible during the pandemic. Carol wrote her column as a follow-up to Ann Phelps’ columns from the previous year, *Getting There Together* — inspirational articles to help residents cope with isolation during the pandemic. This is Carol’s last column in this series. She will return in the fall with a new project.

*Apartment Moves*

May 22 – June 21

	<i>From</i>	<i>To</i>	<i>Phone</i>
Jean Gallup	New resident	708C	6397
Diane Powers	253HC	103P	6640
Marcia Shaw	New resident	605B	7031
Kiki Wheeler	New resident	602C	6747

*In Memoriam*

May 22 – June 21

*Robert Campbell*  
*Ann Shearer*  
*Ted Wiprud*

## ✓ Check it out

by Linda Panaretos Thomas

### Have You Tried the Library Reserve Service?

You just searched the library catalog and discovered that the book you want to read is checked out. No problem! The reserve service lets you place a hold on the book and receive notification when it's available.

The system is easy to use. First, check the online catalog and note the book's location and availability. If the book is checked out, or you can't find the book on the shelf, or the book is located in another library, fill out the bright yellow **Reserve Request** form and place it in the card checkout box. Each library has a short pamphlet, titled "Reserving a Book from the Willamette View Library," that includes instructions for completing the yellow slip.

A member of our reserve team – **Ricki Perry, Wendy Fish, Leila Johnson, or Janet Black** – will process your request and notify you when the book is available to pick up. If there is more than one request for the same book, each will be processed in the order received. Each library has a designated shelf or box where the reserved books are held. Please pick up your book as soon as possible. And remember to complete the checkout card and leave it in the checkout box.

Also, remember you can return your books to any of our three libraries. Our **courier team** of **John Kuramoto, Ellen Leff, and Judy Webber** will make sure the books are returned to the home location.

PLEASE RESERVE  
THIS BOOK FOR ME

DATE: \_\_\_\_\_  
NAME: \_\_\_\_\_

APARTMENT: \_\_\_\_\_

PHONE: \_\_\_\_\_  
Pickup Loc: (Circle)  
Manor Court Terrace

TITLE: \_\_\_\_\_

AUTHOR: \_\_\_\_\_

NEED LP? (If Avail) Yes

## Armchair Travel presents "Let's Go to Tanzania" with OAT

by Anita and David August, Armchair Travel Committee

It's time for an Armchair Travel trip on Wednesday, **July 13**, at 7 p.m. in the Blue Heron Auditorium. In 2018, **Susan** and **Steve Ungar** were part of an **Overseas Adventure Travel** photo safari to Serengeti National Park, and the Rift Valley, home of the Ngorongoro Crater Conservation Area that is believed to be the site of the cradle of mankind. They will share with us the wonder of the animals they encountered as they traveled the expanse of the Serengeti and other park lands in open-roofed vehicles – spectacular birds, great herds of animals, and the beautiful, deadly predators that make up the biodiversity with its underlying balance and harmony.

The culture of Africa was a huge part of their experience. They met and interacted with the Maasai people and learned how the challenges of life, such as finding clean water, are handled. They are eager to share with us their visit with a working witch doctor, exploring native markets, and touring local schools.

Later in the trip, they struck out on their own, traveling to Zanzibar. Susan rates this as the most exotic location she has ever visited, and she looks forward to telling us why.





## Residents Association meeting addresses Growing Our Future

*Continued from page 1*

**Glenna** expressed gratitude to volunteers for the multitude of projects they support. Among these are the new resident website, the the Triangle Garden project, concerts, Green Month, Afghan refugee resettlement support, and new snowshoeing and wine tasting groups.

**WV CEO Craig Van Valkenburg** introduced the administrative staff members. He reported that 113 new employees joined WV during the pandemic. He expressed gratitude to the entire staff for their extra efforts during the pandemic, and he said that a financial thank-you gift was awarded to 276 employees who have been employed since March 2020.

**WVI Board Chair Deidra Kryss-Rusoff** thanked the board members for their dedication, service, and expertise. The board includes three residents – the current, incoming, and past Resident Council chairs, who are full voting members. She addressed the current challenges of the economy and thanked the administration and all staff for their work in addressing the unique situation of the past two and a half years with the pandemic.

**Philanthropy Director Loraine Collacchi** reported on the Blue Heron Foundation’s *Grant as We Grow* program. The foundation’s new *Gratitude Report* will soon be delivered to residents. The foundation supports the WV libraries, art, music, and many other activities, as well as outside groups, including *Backpack Buddies*, providing

weekend food for schoolchildren in need and their families, and *Start Right*, providing school supplies for children. The foundation has a fund to assist WV staff members meet emergency financial needs. Proceeds from the WV stores will go into the *Good Neighbor Fund*, which helps residents who need financial assistance. There are currently two staff members who have received scholarships to take classes in the last year that will advance their careers.

**Assistant Treasurer Chris Nacheff Maneker** presented proposed changes to the Constitution. The motion to accept the changes was approved.

**Nominating Committee Chair Elise Meyers** presented the slate of new councilors and Personnel Committee members:

- Gardens & Plants Councilor: **John Holderness**
- Health Resources Councilor: **Barbara Limandri**
- Recreation Councilor: **Marilyn Feldhaus**
- Services Councilor: **Susan Genne**
- Technology Councilor: **Earl Westfall**
- Personnel Committee: **Pam Brown, Shirley Leung**

The slate was elected unanimously. Guests were invited to join council members at the *Uncorked* event immediately following the meeting.

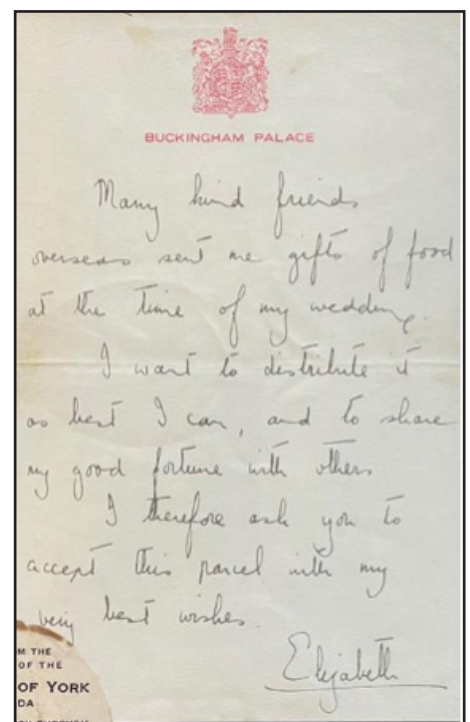
More details about the meeting are in the column by **Resident Council Vice Chair Ann Phelps** on page 2.

## Celebrating the Queen’s Jubilee *by Geoff Levear*

June 2, 2022, marked the Queen’s Jubilee of 70 years on the throne in the UK. To celebrate this event here at Willamette View, Geoff and Joyce Levear shared their collection of royal memorabilia in the Gallery. In addition to cups and plates celebrating coronations of kings and queens and the weddings of princes and princesses, they shared a hand-written letter from Buckingham Palace written by then-Princess Elizabeth after her 1947 wedding. Also on display was another letter from the palace, authenticating the original letter as having been written by the Queen herself. The hand-written letter was sent to

Joyce’s mother along with a food parcel from Canada. At that time, food was scarce in the UK, and Joyce’s mother was a widow with two children.

Joyce and Geoff came from the UK to Oregon in 1976 and have lived in the greater Portland area since then. They came to WV in 2019.



On **Memorial Day**, May 30, a crowd of residents, staff, and family members gathered around the flagpole at 11 a.m. for a ceremony to honor and remember veterans. Speaker **Wendy Fish** reflected on the significance of this holiday. **Boy Scout Troops 376** and **377** presented the color guard at this ceremony before moving on to Willamette National Cemetery's program. **Gail Durham** and **Dan Merrell** sounded taps to conclude the ceremony. Earlier in the day, taps was sounded in the Health Center neighborhoods, the Court roof garden, and North Pointe. About 100 residents were present at the events or watched from their balconies and out their windows. WV veterans gathered for a group photo. **Jon** and **Mary Cottrell** were the official photographers, and many other attendees took photos and videos. This was the third year for this ceremony. Willamette View offers special thanks to **Candace Bradley** for organizing the event.

## WV Memorial Day observations and remembrance ceremony

**Wendy Fish** recognized all veterans in her address to the crowd gathered at the flagpole. She presented a reading by Unitarian Universalist Minister Richard S. Gilbert, called **Remembrance and Remembering**. His poem made the point that remembering is easy, natural, and passive; remembrance is hard and active. The people, events, and experiences that we honor with remembrance have the power to transform our lives; we emerge from the process as new people.

*Top row from left: Boy Scout Troops 376 and 377, Gail Durham and Dan Merrell sounding taps, Don Brown and Ann Warren in celebratory dress*

*Photos by Jon and Mary Cottrell, MH Socolofsky*



*Willamette View veterans from left: Dennis Gilliam, David Keifer, Cathy Hall, RCA Moore, Don Zarosinski, Buzz Oerding, Steve Gillis, Rusty Garrison (representative from Boy Scout Troop), Gary Lippert, Gary Glaze, Alan Ely, Harold Black, Bob Palandech, David Heath, David August, Dan Merrell, Frank Starr, Jon Cottrell*



## Family ties hold us together throughout life

by Sherry Johnston

My articles for the *Willamette Views* seldom end up as I thought they would. Early on, I expected to write predictable, straightforward pieces. Instead, stories veered off in their own directions. This current one didn't disappoint.

Reasons for choosing WV as our "forever home" can fill pages. Examples – attitudes and programs that provide us with a broad swath of opportunities to age and celebrate life well; amazing residents with fascinating stories; a proven high standard of care; the location and setting; proximity to friends and family; and a flexible *Plan B* for the inevitable challenges that come with aging.

Here's one more: **Legacies** – residents who follow their parents' example of living in the WV community. Offering just a taste: **Evelyn Hicks'** frequent visits showed her the consistency of gentle and quality care for her mom, who lived at the Terrace for six years. **David Keifer's** visits from the East Coast gave him such peace of mind about his mom's care that he chose to move across the country when he reached the "it's time" age. **Craig Iverson** knew that he would live here someday due to what he witnessed serving on the WV, Inc. Board of Directors early on. Based on what he experienced, he convinced his parents to move here in 2001. In May, he joined the WV tribe. **Jon Cottrell's** mom and stepdad lived at WV, in large part due to Jon's belief that it provided what his parents needed. He and **Mary** followed in 2018. **Ron Gustafson** became a "lateral legacy" when he brought his dad with him when he moved here in 2001. **Victoria Ailes'** parents lived here when Victoria and her two small children came to Portland after her marriage ended. The powers that be allowed her to briefly live in her parents' apartment while she earned an Oregon teaching certificate. Victoria personally joined our community this year. There are many more examples of WV legacies who



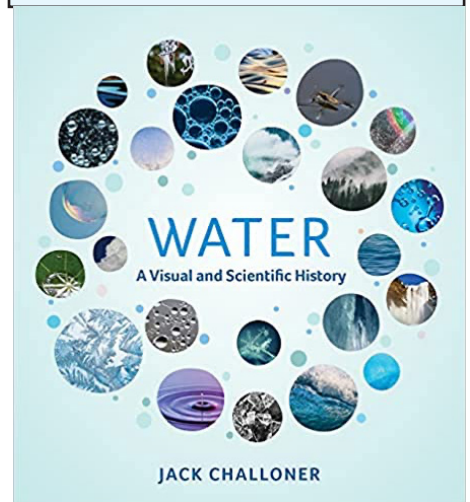
are bound together by strong family ties.

This pattern of family following family and choosing to live here validates the notion that WV practices what it promises.

*Left: Resident Jon Cottrell visiting his mother, Stella Cottrell McLennan, when she was a Willamette View resident. Stella lived at WV from 2003 to 2012. She lived to be 102 years old.*

## Try This Title

by Penny Fiske



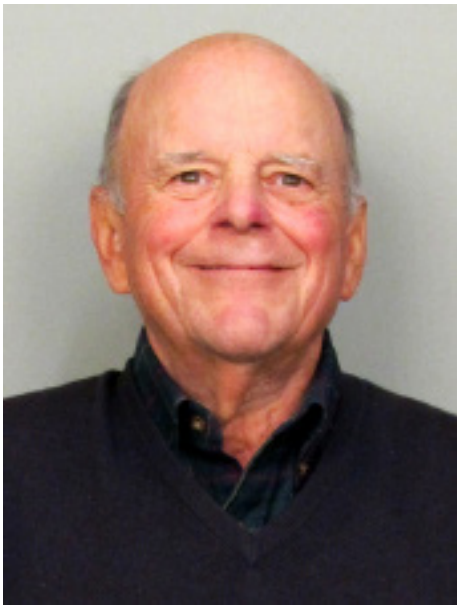
Water is so ubiquitous that it is easy to take for granted. Challoner offers a fascinating look at the structure and behavior of water molecules, explores the physics of water, and considers the possibility of water beyond our own hydrosphere – on other planets, on the moon, in interstellar space.

**Publication date: Sept. 2021**  
**Terrace Library 553.7 CHA**

**Zeno Katterle** was well known in the Willamette View community, especially in the gardens. The Garden Committee is making plans for a memorial bench for Zeno, to be placed at the north end of the garden plots near the Tower Garden, which he tended for years. Contributions from the Garden Committee and WV residents currently total approximately \$1,000 toward the cost of the \$2,500 bench. To make a contribution toward the purchase of this bench, please submit cash or a check made payable to the Blue Heron Foundation, given to Loraine Collacchi, or to Cheryl Brockman, Garden Committee Treasurer, at 208NP.

## Educators, attorneys, and a legislative specialist recently chose WV

Photos by Mike Lincicum



*Craig Iverson*

**Craig Iverson** moved to 508E on May 9, coming from his home in Palm Desert, CA. He had lived in Portland his entire life before moving briefly to California in 2021.

He earned a BA in economics from the University of Oregon and then attended Stanford Law School, earning a JD in 1971. After passing the Oregon Bar Exam, he earned a CPA license. He spent his career in law and accounting. Craig made a point of serving on at least one volunteer board while working full time. Some of them include the U of O Alumni Association, William Temple House, the Eastmoreland Neighborhood Association, Lutheran Family Services, and Willamette View, Inc. He has two sons and two grandchildren.

He has worked with the WV Foundation and Willamette View, Inc., boards for 15 years. Moving here was easy because he knew the WV culture is exceptional, that WV is a one-of-a-kind organization, and that residents



*Dorine Enz*

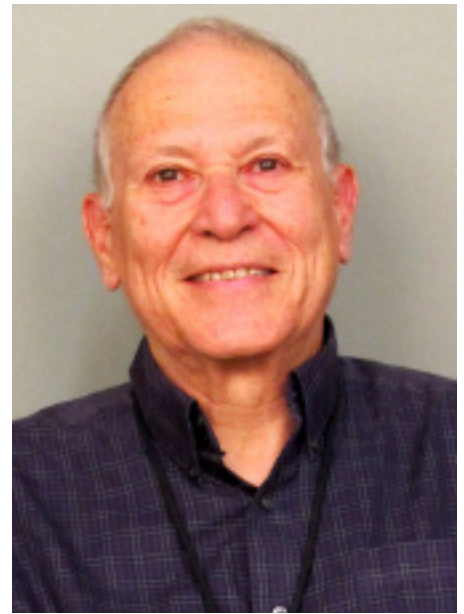
are happy to live here.

**Dorine** and **Jonathan Enz** came to 402D on May 18 from Oregon City. They lived previously in the Oregon towns of Philomath, Heppner, and Monroe.

Dorine grew up in Lewiston, ID, and Edmonds, WA. Jonathan grew up in a few Methodist parsonages, including 10 years in Oregon City. They both graduated with BA degrees from the University of Puget Sound. Jonathan then earned a law degree from Willamette University College of Law in 1971 and later an MDiv from San Francisco Theological Seminary in 1995.

Dorine was an elementary school teacher for 24 years. She taught grades K through six, though mostly fourth grade, in the Oregon communities of Dayton, Oregon City, and Heppner.

Jonathan was admitted to the Oregon State Bar in 1971, served in the JAGC, US Army, from 1972 to 1975, and then practiced law from 1975 to 1992, when he enrolled in seminary.



*Jonathan Enz*

He served in the Oregon-Idaho Conference, United Methodist Church, from 1995 until his retirement in 2016.

Jonathan served on the Oregon Hunger Relief Task Force for 20 years. He co-chaired the United Methodist Oregon-Idaho Bishop's Initiative to Eliminate Hunger. He sang in the West Linn Community Chorus.

Dorine loves music. She plays clarinet in the Clackamas Community Band and the One More Time Around Again Marching Band. She sings in the West Linn Community Chorus and plays in her church handbell choir.

Jonathan's parents, **Clark** and **Luan Enz**, lived happily at Willamette View for 27 years. Jonathan and Dorine visited often and looked forward to the day that they could become residents themselves.

Jonathan is a former Willamette View, Inc. board member.

They have two sons – David and Michael – and grandchildren Savannah, Hunter, and Colton.



## as their new home and look forward to exploring new interests



*Carol Cherin*

**Carol Cherin** is a new resident of 502D, coming from Huntington, VT, on May 22. She had lived in Vermont through college. She and her husband lived briefly in Maryland, New Jersey, and Pennsylvania, before moving to DeKalb County, GA, near Atlanta, where they lived for 30 years.

She earned a BA from the University of Vermont, AMI certification from the Association Montessori Internationale Training Center in Atlanta, and an MS from Georgia State University. She taught fifth grade math and then primary classes at Arbor Montessori School in Decatur, GA.

Carol has a wide variety of interests, including gardening, theater, and science. She looks forward to finding ways to fit in and be useful in her new home at WV. She has a son and a daughter.

In choosing WV as her new home, she states that it was important to her that WV has a long history, depth of experience, and stability.



*Ann Glaze*

**Ann and Gary Glaze** are new residents of 314P. They moved from Pacific City on May 6. They previously lived in Dallas, OR, and Salem. They both attended South Salem High School.

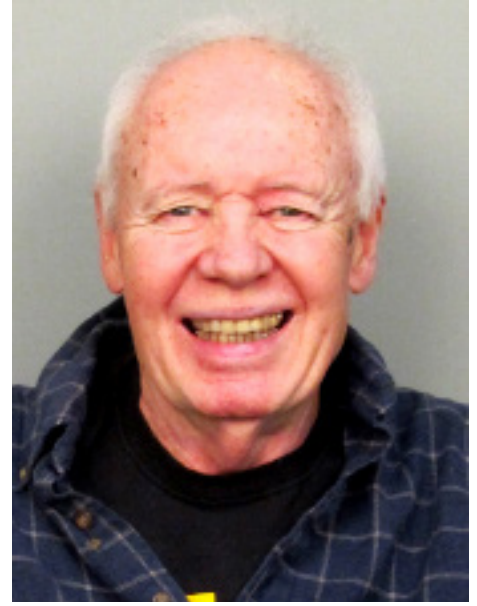
Ann attended the University of Montana, earning a BA in journalism, and then attended the Atkinson Graduate School of Management at Willamette University, earning an MBA.

She spent her career working for the Oregon State Legislature and in state government. Her special interest is emergency preparedness.

Gary attended the University of Oregon, earning a BS in psychology. He then attended Western Oregon University, earning a teaching certificate with library media endorsement.

He spent his career as a third and fourth grade teacher and a library media instructor, which included teaching and operating a computer lab. Gary's special interest is ham radio operation.

Gary and Ann have a daughter and



*Gary Glaze*

two grandchildren, ages 10 and 12.

They chose Willamette View because they like the active role that residents play in shaping their community. They enjoy the beautiful campus grounds and appreciate the friendliness of the residents and staff.

### Enjoy our rose gardens

*by Walt Lundberg, Rose Manager*

Our WV rose gardens are a pleasure for all to enjoy. Each rose bed is assigned to an individual resident custodian who is responsible for its care. The roses in their garden are theirs to pick. If you have not been assigned a rose plot, look for the Open Cut rose beds instead. In the Manor/North Pointe rose garden, there are two clearly labeled Open Cut beds on each end. People who don't own a garden may pick up to three roses a day. The Court rose garden also has Open Cut beds, located northwest of the Patio Homes.

## New residents spent careers in engineering, social work, education



*Terry Herndon*



*Potter Herndon*



*Kiki Wheeler*

**Terry** and **Potter Herndon** have been new residents of 209S since June 8. They have called many places home, including Atlanta, GA; Memphis, TN; Terre Haute, IN; Somerville, NJ; Washington, DC; and Hillsboro and Happy Valley, OR. Terry has also lived in Falls Church, VA, and Silver Spring and Gaithersburg, MD. Potter has lived in Boston; Tokyo and Fukuoka, Japan; Middletown, DE; and Charleston, WV.

Terry attended Albert Einstein High School in Montgomery County, MD, and Montgomery Junior College, before attending Towson University and the University of Maryland. She taught kindergarten and first grade for Montgomery County Public Schools for 11 years, and later was a kindergarten teaching assistant.

She has volunteered at the Christmas Store/Marine Toys for Tots in Memphis, school and county libraries in Indiana and Atlanta, the Atlanta Botanical Garden for flower shows and plant sales, and the Leach Botanical Garden in Portland. Her interests in-

clude reading mysteries, fitness, watching OPB, gardening, and following the Atlanta Braves baseball team.

Potter attended Yale University to earn a BS in chemical engineering and Rutgers University for an MBA. He spent 42 years as a process engineer, first with chemical companies American Cyanamid and Velsicol Chemical, and then with engineering firms Lockwood Greene and CH2M Hill. He designed and started plants making industrial chemicals, pharmaceuticals, foods/beverages, plastics, fuel ethanol, pigments, optical fiber, carpet tile, and energy from waste.

He volunteers as a Clackamas Community College GED tutor. His interests include current events/politics, climate change/meteorology, renewable energy/conservation, geography, literature, film, rock music, tennis, bicycling, physical fitness, and nutrition.

They chose Willamette View because of its beautiful campus, river views, and amenities, and the accomplished residents with diverse back-

grounds. They enjoy being near the Portland metropolitan area. They appreciate that WV is a true CCRC with skilled nursing services available. And they were delighted with the variety of residential floor plans.

**Kiki Wheeler** moved into 602C in May, having come from New York. She attended New York University for a BA and MSW, and earned an MA in education from Iona College in New Rochelle, NY.

She worked for New York State for 25 years as a psychiatric social worker.

Kiki has a variety of interests. She has been a dive master, ceramicist, and sailor. Currently, she enjoys yoga, Pilates, meditation, and music.

She has two daughters and two grandchildren.

She chose Willamette View because of its emphasis on community.





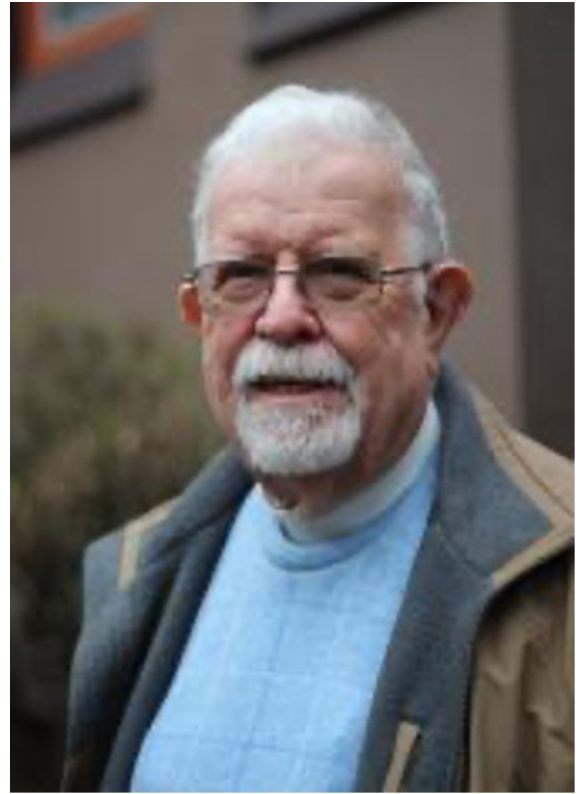
## Dick Toll earns the Episcopal Peace Fellowship's Cotton Fite Award

by MH Socolofsky

**The Rev. Canon Dick Toll** is the 2022 winner of the **Cotton Fite Award** by the Episcopal Peace Fellowship. This award is conferred every three years at the General Convention of the Episcopal Church.

The award recognizes an Episcopalian who is passionately working for a just resolution in Palestine/Israel. Dick has a distinguished history of advocacy for Palestinian human rights since the early 1960s, when he met the **Rev. Naim Ateek**, a Palestinian Christian and fellow student at Church Divinity School. In 1983, as Canon Pastor of St. Mark's Cathedral in Seattle, Dick led his first of 34 pilgrimages to the Holy Land – a place that captured his heart and soul. Dick brought Christian, Muslim, and Jewish speakers to conferences across the country, where they helped educate attendees about the Palestinian story – a narrative then unfamiliar to many. The press release states, "Dick's passion and deep abiding commitment to justice continues. His sense of humor and eternal optimism have allowed many to believe they can do more than they thought possible." **The Rev. Dr. Cotton Fite**, for whom this award is named, was an Episcopal priest and clinical psychologist, and an outspoken advocate for justice and peace.

Dick and wife **Elaine** will travel to Baltimore for this honor at a ceremony on Tuesday, **July 5**, at the Old Otterbein United Methodist Church.



Joline Shroyer brought dozens of iris bulbs from her family farm near Canby when she moved to WV. She planted them in several gardens around the campus. Each spring, she cuts and displays their blooms in every building throughout the season. This is the Court building's last bouquet for 2022.

## Recycling and Reusing

by Marilee Thompson, Green Team

Using the second side of paper for casual printing and copying is now a fully implemented concept. Each recycling room has a supply, so take what you need and use it.

There is still confusion about what items go in which bin. Trash put in the recycling bins is the biggest problem. Examples are paper take-out containers, food itself, clear plastic clamshell containers, paper coffee cups, tissues, napkins, and paper towels. Only plastic milk and juice jugs, bottles, and round tubs should go in the plastic recycle bin. Plastic bags go in the yellow barrel only. Refundable bottles and cans go in the red tub only. Some surprises once found: a bird's nest, and a Brillo scrubbing pad!

Please take time and care to recycle properly. It will help your building recycling monitor. Refer to your green recycle instruction sheet, or call me for a new one (6622).

Watch for the **documentary film** on Thursday, **September 1** – **Downfall: The Case Against Boeing** (2022). Investigators reveal how Boeing's alleged priority of profit over safety could have contributed to the two catastrophic crashes of the new 737 MAX airplanes that killed 346 people. Directed by Rory Kennedy. **PG-13**

## Blue Heron Players to present *Akhmatova*

by Carol Knowles, BHP Director

Photos by Gary Smith

The Blue Heron Players, under the direction of **Carol Knowles**, will perform *Akhmatova*, playwright Romulus Linney's powerful depiction of one of the most important poets of the 20th century, who helped the Russian people maintain their sanity during Stalin's reign of terror. Performances will be on Monday, **July 25**, at 6:30 p.m., and a matinee on Tuesday, **July 26**, at 2 p.m., in the Blue Heron Auditorium.

To introduce Linney's play, classical pianist **Amy Torgerson** will perform "*Lament*" (Andante Cantabile, Opus 16), Rachmaninoff's poignant reflection on the human condition.

In her powerful performance as Pecdov, Blue Heron player **Judy Kleinberg** embodies a Russian minister of culture who is determined to force Akhmatova to reveal the contents of her poem "Requiem" – a work considered so incendiary that it might incite a revolution. The year is 1953; Stalin has just died – or perhaps been murdered – and troops surround Moscow.



From left: Director Carol Knowles, Elise Meyers, Judy Kleinberg, Ron Ture, Chris Nacheff Maneker, Mary Helen Socolofsky

Another Blue Heron actor, **Ron Ture**, convincingly portrays Rudinsky, one of Russia's strong and bright young men. He has been reduced to a henchman who brutalizes citizens placed in his charge.

In two other especially moving performances, **Elise Meyers** and **Mary Helen Socolofsky** portray Marya and

Klarina, childhood friends who love and respect Akhmatova but betray her in order to protect their own children and social status.

This play is a powerful study of Akhmatova herself, as Blue Heron performer **Chris Nacheff Maneker** takes us from Akhmatova's love affairs in the gardens of Paris near the beginning of the 20th century to her prowess as a mature artist who, refusing to emigrate, even when her life is threatened by Stalin, chooses instead to bear witness to the suffering of the Russian people, which she memorializes in her masterwork, "Requiem." It reads, in part: "I spent seventeen months standing in line outside a Leningrad prison – hoping to see my son. One day, a woman behind me, her mouth blue with cold, stared out of her numb distraction, and said to me, quite close (we all whispered, there): 'Can you write this?' And I said, 'Yes.' And something like a smile slipped across what had once been her face."



Minister of Culture Pecdov (Judy Kleinberg) interrogates prison guard Rudinsky (Ron Ture).



# Technology Updates

by Earl Westfall, Technology Councilor

## A new resident website is coming? Yes, really!!!

Development is progressing apace on a new resident website. Although it is still too early to forecast a roll-out date, significant strides have been made in the last month. Both the Web Technology and Content Management workgroups are focused entirely on this project, and the Training and Help Desk workgroup will soon be designing training sessions for residents to learn to use it.

The decision to replace the current resident website ([www.wvresident.org](http://www.wvresident.org)) was made by the Resident Council in late 2020 after the Resident Technology Committee surveyed Willamette View residents to determine the need for a more up-to-date website. During the first half of 2021, Willamette View, Inc., agreed with the demonstrated need and provided the financial support for building a new site. Development work began in the second half of 2021.

So, you ask: **How will that improve my life at Willamette View?**

1. Every design decision is made to assure that the new website is **the go-to place for the most current information about life at Willamette View.**
2. Every design decision is made with the needs of the user, **you**, always in mind.

Here's some of what is being planned. The new website

- is designed to display legibly on any device, such as
  - o desktops,
  - o tablets, and
  - o smartphones;
- will allow the user easily to increase or decrease the font size for easy reading;
- will be organized to make information easy to find by
  - o improving the navigation through the site and
  - o enhancing the search facility; and
- will present content in new and more easily accessible formats.

New and improved features will include

- an activities directory providing regular meeting times and places, contacts, etc., for all resident

activities on campus;

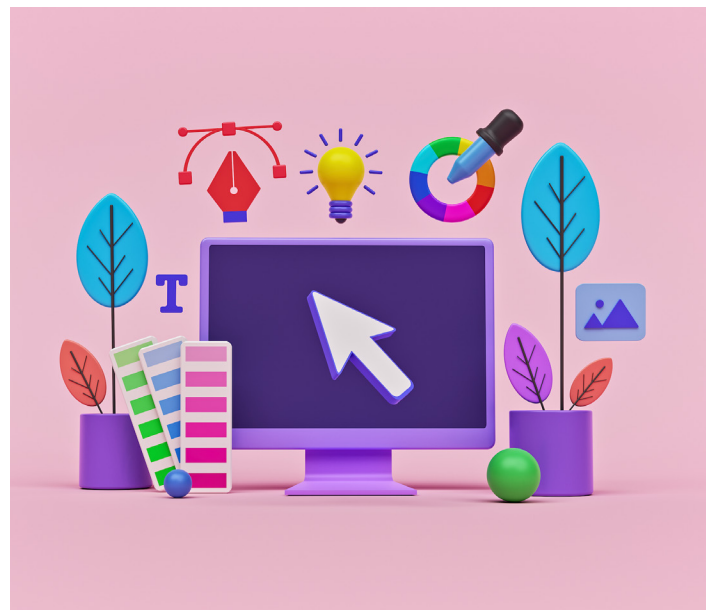
- completely redesigned pages for
  - o food and dining, and
  - o the Resident Council; and
- templates for all resident activities to easily create and maintain a page describing their purpose and other information.

The Resident Technology Organization will work with content owners to migrate their information to the new site.

A list of the groups whose work will complete the venture includes

- the Resident Council,
- Website Content Management workgroup,
- Website Technology workgroup,
- Training and Help Desk workgroup,
- Content design task groups,
- Resident user testing teams,
- WV administration,
- Resident activities,
- Content managers, and
- the Developer.

It's a big job, and we believe it will definitely be worth the effort.







Left: Cousins Dorothy Anderson and Mary Ann Barlow ready to celebrate the Fourth of July with Wheaton terrier Spud, who lives at River Ridge with owner Judy Kelley. Photo by Susan Gillis

Left: Sandra Hillebrandt and Patty Marks admire the Garcia Bronze statue of Jerry Garcia with hidden creatures by artist Joe Cotter at the Outings Group day trip to McMenamins Edgefield on June 1. Twenty-two residents enjoyed a tour, lunch, and wandering the extensive grounds. Photo by MH Socolofsky

### Mary's Boys Reunion



From front left, clockwise: Phil Mirkes, Bob Thomas, Richard Helmick, Vernon Huffer, Mary Frieder. This group gathered daily for 7 a.m. breakfast for many years, until interrupted by the pandemic. They enjoyed a reunion on May 25. Absent is former regular Bob Ely, and Ted Wiprud, recently deceased. Jack Socolofsky, now deceased, said he was honored to be part of this group and their daily philosophical discussions. Photo by Sandie Helmick



Joan Cartasegna looks forward to the Fourth of July. Photo by MH Socolofsky



## Wherever I live, I am always gardening

by Ann Warren

The first question Marketing Rep **Taylor Schwecke** asked me when I visited Willamette View in December 2018, looking for a place to live in Portland, was: “What do you do in Massachusetts and Florida that you would like to continue to do at Willamette View?” I listed five things. Number One on my list was to have a garden – to be able to dig in the dirt, plant, weed, and see the results – something beautiful! Something I’d done all my life. There would be an apartment for me in the brand-new North Pointe building. There were resident gardens, and so, after lunch, I signed on the dotted line. I went home to Florida, sold two condos, and moved into North Pointe on August 20, 2019. News travels fast at WV. A new friend heard me talk about wanting to have a garden closer to North Pointe than the resident gardens. **Harold Black** was needing a new gardener for the **Edward Terry Memorial Garden** on the southwest Manor cliff. Harold had been the caretaker of this 20+-year-old garden for more than 10 years when I took it over. The garden is a tribute to the first Resident Council President. WV groundskeeper **Kirk Westphal** built a retaining barrier on the river side of the garden and brought in extra fill and top-



*Ann Warren stands beside an orange rose bush cluster that she had started from four small potted roses she found at a discount grocery store. It bloomed all winter this year.*

soil. I found right away that gardening in Oregon was different from in Cape Cod, MA, or Dunedin, FL! Weeds here aren’t weeds back East, but expensive plants. Invasive plants are not the same east and west of the Mississippi River. Ridding the garden of snails and slugs is a priority here. My lifelong experience as a gardener was helpful, but I had a lot to learn, which I did by talking to experienced local gardeners. I planted many

annuals – some purchased, and many gifted from residents who had no place of their own to plant them. Sometimes a package of seeds with, “Can we try this?” will appear at my door. This year you can watch the seeds I’ve received sprout and become filler plants in the bare spots. Having something beautiful makes many folks happy. Isn’t that what life should be about? It is for me!

### Life Enrichment invites residents to Terrace Auditorium programs

*by Lindsay Liden, Life Enrichment Assistance – All programs are at 2 p.m.*

Wednesday, **July 13: John Nilsen piano performance** – combines classical, folk, jazz, and rock music

Tuesday, **July 19: Lee Nicholas keyboard, piano, and singing performance** – songs from 1940s through today

Wednesday, **July 27: Graham James piano performance** – Broadway show tunes

Wednesday, **August 17: Lee Nicholas keyboard, piano, and singing performance** – a well-rounded performer

Wednesday, **August 24: Stan Lasley piano performance** – shares music history from his earlier Hollywood years

## WV supports the North Clackamas Education Foundation

by Jeanne Magmer

The first Saturday evening in May, 24 Willamette View residents and administrative staff members with their spouses travelled to Camp Withycombe for the **North Clackamas Education Foundation's 30<sup>th</sup> Anniversary Gala and Auction**.

The dinner was excellent, the desserts even better. They were all made by students in the **Sabin-Schellenberg Culinary Arts program**. It took a table bid to get the dessert of your table's choice. The chocolate cake that made it to my table was a work of art and delicious. Some of those students may well wind up in our kitchens, where I'm sure they will continue to excel. Proceeds of the dessert dash went to their program as well.

Remember the **Drum Team** that washed our cars last summer? They were there with their drums and marimbas to entertain us. And how that group has grown and matured with lots of financial support from the Foundation!

Supporting the Drum Team and Culinary Program is just a glimpse of what the North Clackamas Education Foundation (NCEF) does each year to generate close to **\$250,000** for:

**Grants to teachers** to support myriad innovative programs.

**Computer tablets** for students who needed them to access school classes when schools shut down because of COVID.

**Activity fees** for students whose families can't afford those fees.

Support for the **Backpack Buddies program** so no child who depends on school breakfasts and lunches goes without food over the weekend.

Support for the district's **Ready, Set, Go program** for children who need preschool and their parents who need help in supporting their children's education.

**Scholarships** for students who often are the first ones in their families to go to college.

And much more.

Willamette View has been involved with the Foundation for more than 20 years and, for the past 10 years, has been one of the major sponsors of this annual event. **Jeanne Magmer, Sue Trotter, and Dwayne Foley** served as NCEF board members. In fact, Sue was a member of the original board that established NCEF.

Why does WV support the Education Foundation? According to WV CEO **Craig Van Valkenburg**, there is a direct correlation between our local schools and Willamette View.

Photos by MH Socolofsky



WV Administrator Kim Buchholz serves his selected dessert to Glenna and Roy Kruger.

"As far back as the Willamette View history books tell the story, we have employed local high school students. A few years ago, we attempted to count the number of high school students who have been employed by Willamette View. It topped four thousand! We are proud to be the first employer for many students, offering them a rich opportunity to meet interesting teachers, historians, storytellers and, for some, 'grandparents' they never had. Supporting education and young people is part Willamette View's DNA and is an example of our **Building Community Together** tag line. We see working with young people as our opportunity to have a positive imprint on their lives, to teach new skills, open their minds to possibilities, and become productive members of our local society. Working with NCEF opened doors for us to have teams of students share our summer car wash program, perform at events for residents, and give residents the opportunity to volunteer for school projects and programs. It also is about investing in our future as a community by touching the lives of our local young people in a positive way," Craig said.



Rex Putnam High School's award-winning Kingsmen Thunder Drum Line performs dramatic percussion show for gala guests.



## Rear Window

by Frank Starr

### NUTHATCHES

All nuthatches are large-headed, short-tailed, short-legged, tree-climbing, acrobatic birds. They occupy a niche that few other birds can duplicate. They hunt insects and larvae by climbing head-first, down, around, and under branches, as well as up tree trunks and limbs. There are four species of nuthatch in the US: brown-headed nuthatches live in the Southeast where they collect bugs off southern pines; pigmy nuthatches occupy, especially, ponderosa forests of our Southwest; red-breasted nuthatches are common in coniferous forests all across our country; white-breasted nuthatches live primarily in mixed deciduous oak woodlands.

In the pinyon/juniper, scrub-oak, ponderosa forest of southwestern Colorado, where Penny and I lived before moving to WV, we hosted three nuthatch species – white-breasted, red-breasted, and pigmy. They found the black sunflower seeds and suet we kept in our bird feeders to be delightful repasts. In this section of Oregon, I see white-breasted fairly often and red-breasted occasionally. So, let's talk about the white-breasted nuthatches you are likely to see, especially when you walk the River Walk and are watching for birds and other elements of nature.

White-breasted nuthatches are about six inches long, have a black cap, a blue-black back, an all-white face, a rusty bottom, and, if you can believe it – white-breasted nuthatches have a white breast! Tail feathers are black, but the other three are tipped in white. They probe, upside-down, the underside of branches where other birds can't navigate, and on the side of a tree trunk with their head pointed down like a squirrel. They are omnivores, eating all sorts of bugs, seeds, and nuts. They use their fairly long, strong, straight bill to find bugs and larvae hiding under bark. In summer they eat mostly insects and larvae; in winter, nuts dominate their diet. They often wedge an acorn into a space between bark-bits to hold it while they hammer the acorn open with their beak and eat the meat.

The preferred homes of white-breasted nuthatches are mature stands of mixed deciduous forest that contain large, older trees – trees with deadwood containing natural cavities and deserted woodpecker holes – which provide ideal nest sites. The monogamous pair will establish a territory of maybe 25 acres and defend it from other nuthatches. The courting male carries food to the waiting female. He bows and sings his love-song of *qui, qui, qui, qui*, with his head feathers erect, wings drooped, and tail spread. They line the nest cavity with shredded bark, hair, and feathers. She will lay five or more 3/4-inch, creamy-white eggs, speckled with reddish-brown spots, and incubate them for two weeks. He will feed her the entire time she is keeping their eggs warm. Both mom and dad will feed the altricial chicks in the nest for three or four weeks before they fledge; and then, for another couple of weeks after fledging, before becoming independent juveniles ready to establish their own territory.



Activity	Day	Time	Location	Contact	Phone
Ham Radio Rag Chew	Saturday	9:30 a.m.	146.4 frequency	Dale Harris	6482
Book Review*	Will resume in September			Carla Harris	6482
Briefings	Second & fourth Tues.	10 a.m.	Heron Lounge	Johanna Niemitz	7231
Catholic Communion	1st, 2nd, 3rd Wed.	11 a.m.	Terrace Auditorium	Laverne Flaherty	6420
Catholic Mass	Fourth Wednesday	11 a.m.	Terrace Auditorium	Laverne Flaherty	6420
Caregivers' Support Group	First & third Thursday	11 a.m.	Court Family Room	Linda Tofflemire	7355
Carpet Bowling	Mon., Wed., Thurs, Fri.		Court 1st Floor	Don Borjesson	6643
Chorus*	Thursday	1 p.m.	BH Auditorium	Sue Bosshardt	6823
CPAP/BIPAP Users Support Group	Last Tuesday	2 p.m.	Heron Lounge	David Brockman	7218
Cribbage*	Thursday	2 p.m.	Plaza Sunroom	Barbara Nye	6750
Diversity and Inclusion Group	First Tuesday	10 a.m.	Zoom	Helen Spector	7034
French Conversation	Tuesday	12 noon	Riverview	Gail Durham	6815
Garden Committee	Second Tuesday	10 a.m.	Court Family Room	Susan Bolton	7277
Gentle Yoga with Charlie	Monday, Wed., Friday	10:45 a.m.	Plaza Sunroom	David Kohnstamm	6727
Green Team	Second Wednesday	9:30 a.m.	Court Family Room	Wayne Potter	6623
Hooks and Needles	Tuesday	1 p.m.	Plaza Fireplace Lounge	Sandra Pagels	6549
Interfaith Questers	Monday	2 p.m.	Zoom	Bernard della Santina	6639
Living with Diabetes Group	Third Monday	3 p.m.	Heron Lounge	Stephen Ott	6771
Living with Pre-Diabetes Group	Third Monday	2 p.m.	Heron Lounge	Stephen Ott	6771
Low Vision Support Group*	Will resume in September			Sandra Gerling	6515
Mahjong	Monday	3 p.m.	Multipurpose Room	Pam Brown	6623
Manor Art Studio	Anytime			Gail Durham	6815
Manor and Court Workshops	Anytime			Robin Bolton	6430
Mindful Better Movement	Fitness Studio	10 a.m.	Fitness Studio	Anita August	7221
Mindfulness Meditation	First Sunday	4 p.m.	Terrace Auditorium	Frankie Borison	7215
	Second – fourth Sunday	4 p.m.	Zoom	Frankie Borison	7215
Mix & Mingle Bridge	Wednesday	5:30 p.m.	Heron Lounge	Jan Campbell	6822
Movies — Documentary Film	First Thursday	6:30 p.m.	BH Auditorium	Kay Kuramoto	2727
International Film	Second Tuesday	6:30 p.m.	BH Auditorium	Deanna Sundstrom	6483
Saturday Night Movie	Saturday	6:30 p.m.	BH Auditorium	Ellen Leff	6597
Nonfiction Book Review	Fourth Wednesday	10 a.m.	Heron Lounge	Ann Phelps	7213
Pickleball	Sun., Tues., Thurs.	9 a.m.	Sport Court	Gary Smith	6454
Ping Pong	Monday, Wed., Friday	1:30 p.m.	Court 1st floor	Robin Bolton	6430
Pool Volleyball	Monday, Wed.	10 a.m.	Pool	Donna Krasnow	6418
	Friday	1 p.m.	Pool	Donna Krasnow	6418
Plant-based Nutrition Group	Second Saturday	3 p.m.	Zoom	Jerry Smith	6502
Public Affairs Program	Third Thursday	7 p.m.	BH Auditorium	Paul Bosshardt	6823
Q&A by Craig and Kim	Last Wednesday	3 p.m.	Zoom	Susan Di Piazza	7351
Recorder Beginners	Tuesday	11:15 a.m.	Multipurpose Room	Cindy Mahlau	6348
Recorder Consort	Tuesday	12:30 p.m.	Multipurpose Room	Cindy Mahlau	6348
Resident Council Meeting*	Will resume in September			Ann Phelps	7213
Resident Food and Dining Committee*	Will resume in September			Phil Mirkes	6609
The Roots Memoir Writing*	Fourth Thursday	3 – 5 p.m.	Heron Lounge	Art Wilson	503-956-5955
Sewing and Toy Room	Anytime		Court 5th Floor	Sandra Pagels	6549
Team Trivia	Second & fourth Mon.	6:30 p.m.	Terrace Auditorium	Sherman Bucher	7214
Technology Coordinating Committee	Second Tuesday	3 p.m.	Plaza Mt. Jefferson Rm.	Earl Westfall	7223
UUs at WV	Third Tuesday	4 p.m.	Court Family Room	Jane Cadwallader	6455
Wednesday Walk	Wednesday	1 p.m.	Meet in front of Manor	Gary Smith	6454
Wine Tasting	Second & fourth Tuesday	4 p.m.	Heron Lounge	Bob Kahl	6279
Yoga	Tuesday & Thursday	7:30 a.m.	Fitness Studio	Ann Rutz	6504
Chair Yoga	Thursday	9:15 a.m.	Multipurpose Room	Ann Rutz	6504

Keep information current; send changes to [mhsoco@gmail.com](mailto:mhsoco@gmail.com).

\*New or updated