



Earth Day 2026 – Our Power, Our Planet

by Sherman Bucher for the Green Team



People worried about plastics problems backed legislation that makes producers help clean them up. These minuscule pieces of plastic, which can become even smaller, could once have been the size of the plastic bottles lining the beach. The ruler is metric – 2½ cm is equivalent to 1 inch.

Last year, the people guiding Earth Day looked to harness the world's power in pursuit of a better, cleaner world, with the theme of **Our Power, Our Planet**. That theme is being continued in 2026. But it is not just the power of fuels, electricity, transport, or science that make the world function. It includes the power of ordinary people to challenge our leaders to do something about the issues affecting our livability. And it is one of those challenges – the problem of plastic pollution – that can demonstrate the power of ordinary people and their power can make a difference. The solutions to the plastics epidemic are difficult to find and harder to implement. But the need to battle the scourge of plastics with all our power is great.

Continued on page 9



Discarded plastic bottles line beaches around the world, impacting the planet in major ways.

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Meet the Pantry's New Management Team

by Jeanne Magmer – Story on page 11



From left:
Operations Mgr:
Duane McComas

Accounting Mgr:
Chris
Nacheff-Maneker

Purchasing Mgr:
Chris Gates

Personnel Mgr:
Kathy Rogers

From the Resident Council *by RC Vice Chair Steve Bennett*

The Evolution of Willamette View

In April 1976, there was a display of Bicentennial dolls made by resident **Winifred Mackenzie**. **Art Baum**, Willamette View resident and author of the well-known *Saturday Evening Post* article about Willamette View, died in August 1975, followed by his wife, **Sally**, in November. In April 1976, their donated books were disposed of. Books that could not be shelved were given to Milwaukie's **Ledding Library**.

Willamette View Culture

Before **Heron Heights** opened, there was much discussion about how the people living *across the street* would be integrated into *our culture*. The same, I am sure, will be asked about the **Skyline building**. How will such a large influx of new residents impact how we live and what we value? I'll throw out four words to start with that sum up for me what Willamette View has always valued: *congeniality, friendliness, and cooperative living*. Now, let's think about some of the ways values have been tested and morphed over time as Willamette View has changed.

Expansion of the "Dream"

From its beginning in 1955, Willamette View has evolved from a small, religious-inspired community into a large, sophisticated, and highly organized one focused on active wellness.

We began as a single building funded by founders who paid in advance to realize a dream. By 1975, the campus had grown to 22.5 acres with two main buildings (**Court** and **Manor**). By 2010, it had expanded into a 27-acre estate featuring a variety of housing types, including the **Plaza**, the **Terrace**, the **Homes on River Ridge**, and **Patio Homes**. Add now the **Balcony Homes**, **North Pointe**, and **Heron Heights**. This growth shifted the culture from centralized apartment-style living to a campus with a complex infrastructure.

Formalization and Resident Governance

Resident engagement has intensified and become more structured. In 1955, the **Resident Council** had nine members managing 19 committees. By 2010, the community supported over 150 committees and subcommittees, with more than 180 volunteer leadership positions filled by residents. These groups are increasingly self-governed and support many specialized interests, from ham radio and model railroads to snowshoeing and a drum circle.

From Retirement to "Living Well"

The community's guiding philosophy has transitioned from a traditional retirement model to one centered on proactive health. The opening of the **Wellness Center** in 2007 marked a cultural shift. It moved our culture toward physical therapy and fitness.

Cultural norms have modernized. The introduction in 2011 of **Uncorked**, for example, then a regular Friday evening gathering for sharing wine, beer, and appetizers, was welcomed by the community as a fresh opportunity for conviviality. What would the founding Methodists have said about that?

The culture has also become and will continue to be more technologically integrated.

Shifting Demographics

The resident profile has aged and become more gender diverse. In 1975, the average age was 79, and the population was heavily female (291 [79%] women to 76 [21%] men). Today, the average age has risen to about 86, and the gender balance had shifted to around 61% women and 39% men.

While we grow with the world around us, let's stay mindful of how we treat each other and keep an open mind. Be thoughtful and kind.

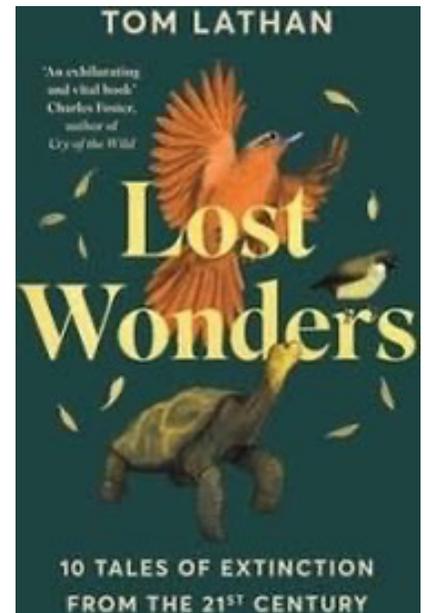
April Book Review urges action to protect our planet's species

by Sue Bosshardt, Book Review Chair

The April Book Review will be on Wednesday, **April 15**, at 10 a.m. in the Blue Heron Auditorium. In observance of Earth Month, **Marilyn Feldhaus** chose an interesting book to review. Her review will highlight the vivid narratives in ***Lost Wonders***, by Tom Lathan. Marilyn said she was intrigued by the notion that less “charismatic” animals and plants are as worthy of note as the species we normally value when we think about the threat of extinction. This book serves as a reminder of the importance of preserving biodiversity and urges action in protecting our planet’s species.

Marilyn and her husband **David Gross** moved to Willamette View in 2019. She has been active on the Green Team for several years, serving as chair last year. Marilyn earned an M.A.T. in Special Education at Webster University. Her interests include hiking, reading, music, social justice, and holding serious discussions with elected officials.

Earth Month is dedicated to raising environmental awareness and addressing issues affecting the planet. This book is one that will meet those goals.



April Movies

All movies will be shown in the Blue Heron Auditorium at 6:30 p.m.
Donations gratefully accepted

International Film

Tuesday, **April 14: *The Girlfriend*** (Telugu with English subtitles, 2025). Rashmika Mandanna, acclaimed Indian actress, faces the struggles of a young Indian woman grappling with family expectations and judgment. This timely film captures her quest to assert her identity and desires in a world demanding conformity. Directed by Rahul Ravindran. *Discussion following.* **2 hr 17 m. Drama/Romance. Not rated.**

Saturday Night films

Optional discussions will follow.

April 4: *Queen of Katwe* (2016). The colors and rhythms of the slums in Katwe, Uganda, underscore the touching portrait of 10-year-old Phiona. After meeting a missionary who teaches life skills through the game of chess, her natural talent and a pas-

sion for the game lead Phiona to defy the odds. Mira Nair (mother of NYC Mayor Zohran Mamdani) directs the outstanding performances of Madina Nalwanga, Lupita Nyong'o, and David Oyelowo. **2 hr 4 m. Biography/Drama. PG-13**

April 11: *Song Sung Blue* (2025). Hugh Jackman and Kate Hudson star in this dramatization of the remarkable career of Mike and Claire Sardina. As the Neil Diamond tribute duo Lightning and Thunder, they navigate the ups and downs of life of the 1960s Milwaukee music scene. Craig Brewer directs with a score of Diamond's iconic folk-rock hits. **2 hr 12 m. Drama/Music. PG-13**

April 18: *Lilly* (2024). Patricia Clarkson stars as the courageous Lilly Ledbetter in this gripping true story of the battle for equal rights for women. Learning that she had earned only half

of what her male counterpart made as a factory supervisor, Lilly begins a decades-long battle for justice. This gripping tale is written and directed by Rachel Feldman. **1 hr 33 m. Biography/Drama. PG-13**

April 25: *Captain Phillips* (2013). Somali pirates capture the massive container ship Maersk Alabama, taking Captain Phillips (Tom Hanks) and his crew hostage. The quick-witted and courageous captain must protect his men while navigating a tense standoff with the pirate leader, Muse (Barkhad Abdi). Directed by Paul Greengrass, this powerful thriller was nominated for six Academy Awards. It features a gripping performance by Tom Hanks and a breakout, BAFTA-winning turn by Barkhad Abdi. **2 hr 14 m. Drama/Action/Thriller. PG-13**

WV celebrates Earth Month with informative programs and events

by Sherman Bucher for the Green Team

The **Earth Day theme for 2026** is a continuation of 2025 call to action – ***Our Power, Our Planet***. The power in the theme encompasses both the kind we use to live in our world – for our homes and businesses, our cities and states, for travel, communication, and much more – and the power of individuals and groups to influence how the great powers come into our lives and do as little damage to the environment as possible.

Each year we make Earth Day an **Earth Month**, with a host of activities as we strive to show residents and staff ways to help our environment on campus and in the larger world.

Throughout April, the **Manor and Court libraries** will display special books that cover a myriad of topics and are recommended reading for Earth Month.

Also throughout April and into May, members of the **Grateful Earthlings** and the **Green Team** will transform the **Court Gallery** into a series of wide-ranging displays encompassing the views of Indigenous peoples, what we at Willamette View can do, art pieces created from reused/recycled materials, plus a wide range of other activities.

Grateful Earthlings will sponsor a talk by **Randy and Edith Woodley** on **April 6** in the Blue Heron Auditorium. Beginning at 6:30 p.m., they will address Indigenous values and how they can lead us to harmony and well-being in a world that is forgetting its ties to nature.

This year's Green Team movie presentation on Tuesday, **April 7**, is the documentary ***Microplastic Madness*** (see

page 6). It follows the 5th grade class at a Brooklyn, New York, school as the students learn about the science around the harm of microplastics and then persuade their school to have a plastic-free lunch day. The movie begins at 6:30 p.m. in the Blue Heron Auditorium.

The **Plant-Based Nutrition Group** will show the documentary ***Seaspiracy***, which investigates the environmental impact of commercial overfishing, plastic pollution, and the damage inflicted on marine ecosystems. On Saturday, **April 11**, this 1½-hour film will show at 10 a.m. in the Blue Heron Auditorium.

Not all plastics are created equal when it comes to recycling. Resident **Warren Ford**, who spent his career in chemistry, will fill us in on how plastics are made and why it can be so difficult to recycle so many of them. Warren's talk will be on Monday, **April 13**, at 7 p.m. in the Blue Heron Auditorium (see page 7).

Marilyn Feldhaus will review the book ***Lost Wonders*** by Tom Lathan (see page 3) at the monthly Book Review on Wednesday, **April 15**, at 10 a.m. in the Blue Heron Auditorium. Lathan writes about the 10 species that have already gone extinct in this early part of the 21st century in Malaysia, Australia, Hawaii, the Galapagos Islands, and more.

The semiannual **River Road cleanup** of the shoulders of the road is set for Saturday, **April 25**, beginning at 8 a.m. Two-person teams of volunteers will spruce up River Road from Sparrow Street to Oak Grove Boulevard. Meet in the parking lot at River Road and Silver Springs Road, across from The Neighborhoods building.

Come test your knowledge of Earth Month and eco-centered ideas at **Team Trivia** on Monday, **April 27**, at 6:30 p.m. in its temporary home in the Multipurpose Room on the lower level of the Manor.

Call to Art & Craft People

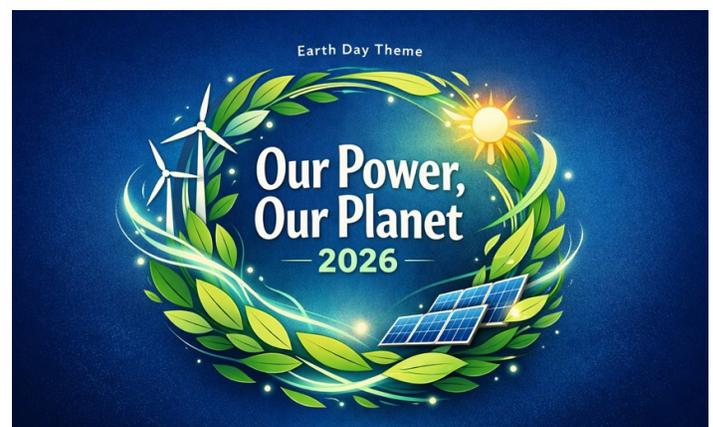
The **Court Gallery** is compiling a list of Willamette View residents who would be interested in exhibiting in the gallery in the latter part of 2026 and 2027. There are three basic categories:

Solo or small group of artisans

Groups/organizations (both art/non-art related)

Special events

Please submit a written statement to **Elizabeth Knecht**, Inhouse Mailbox 603E. Indicate your art or craft medium or your group intentions. If you are a solo artist, would you be interested in being in a group exhibit? Artists are encouraged to develop new works, but existing work is fine. If you need more information, please contact Elizabeth at econnect47@gmail.com or phone 503-200-9250.



Tech Talk by Eva Laevastu, Technology Councilor

Losing the Plaza meeting rooms and the temporary loss of use of the Terrace Auditorium has created a state of turmoil for all of us. After securing a new location, how do we let everyone know where the meetings or activities are?

Residents are informed through the bulletin boards in each building, the *Friday Notice*, *Willamette Views*, campus TV screens, the Resident Website, and for some events, the elevator sleeves. Each has benefits and drawbacks. Bulletin boards and elevator sleeves are as current as residents have time to make signs, print them, and post them. The *Friday Notice*, campus TV screens, and *Willamette Views* require advanced coordination. Of our options, the Resident Website is the quickest way to update information. As soon as new information is posted, it's available through the website. Where do we find when and where Team Trivia meets? Where do we find information about the next top-

ic for Science Conversation and when and where it will be?

The Resident Website has an Events Calendar. Events are one-time presentations, performances, or classes. For example, the monthly Book Review and MusicWorks performances are events. You'll find the three upcoming events on the website home page with a link to the full Events Calendar. The Resident Website also has a Campus Calendar. It includes all recurring activities, including fitness classes. For example, Team Trivia and Briefings are recurring activities. You'll find a link to the Campus Calendar under the link to All Events on the website home page. The Campus Calendar includes events so that you don't have to jump between calendars.

The Resident Website is the best place to find the location of events and activities if they have changed. In addition, upcoming events and calendar items from the website appear on the



right sidebar of TV screens around campus. Events and resident activities on the website are updated by content editors who are members of the activity. For example, movies are added by a member of the movie committee. Does your activity want to know more about keeping your information on the website up to date? The Website Technology Workgroup will offer content editor training in the near future. If your activity needs help to update the location of your event or activity, please submit a request for assistance by using the form available in the footer of the website home page (you must be logged in to use the form).

Artworks brings Lindsey Fox for Art Talk by Kristen Larsen, Artworks

Artworks welcomes local artist **Lindsey Fox** for an artist talk in the Blue Heron Auditorium on Wednesday, **April 29**, from 3 to 4 p.m. Lindsey has several works in the APA collection – some in the Manor lower level – and a few larger pieces that are safely stored while the White Oak Grill undergoes construction. Lindsey is a Portland artist who has been featured in several publications and on OPB's *Oregon Art Beat*. She grew up in Northern Michigan, a place that nurtured her love of the natural world and the land. Lindsey's current body of work uses patterns inspired by nature, balancing abstraction with traditional rendering

of the landscape *en plein air*. She loves to explore wild places and bring to the viewer an experience of the awe and wonder that she experiences in the backcountry. Painting outside is important to her practice; it serves as a way for her to remember the textures, unique colors, and incredible compositions of the world around her. Lindsey brings her outdoor studies into the studio to finalize and create abstract interpretations. One of her goals is to make the viewer experience what she feels when she is out in nature. She wants the viewer to experience what it is like to be with her on a hike – to notice the wild patterns, textures, per-



spective, and color relationships that can never be captured in photographs. Come learn more about Lindsey and her creative exploration of the natural world.

Funding for this program provided by a grant from the Blue Heron Foundation At Willamette View.

Earth Month Movie tells story of young people working toward environmental justice

by Sherman Bucher for the Green Team

Microplastic Madness

When: Tuesday, April 7, 6:30 p.m.

Where: Blue Heron Auditorium

What: Fifth graders in Brooklyn's PS15 take on the scourge of plastic pollution – learning what power they are capable of and teaching us what we should be doing.



We all have heard it said that a little child shall lead them. In this case we have a documentary film on an entire fifth grade class from a school in Brooklyn, New York, that guides us on things we can do to combat the problem of plastic pollution.

The movie is *Microplastic Madness*. It tells the serious, sometimes humorous, and always engaging story of the youngsters at PS15 in the community of Red Hook, Brooklyn, NY, who spent two years investigating plastic pollution.

We follow these dedicated 10- and 11-year-olds as they take on the roles of citizen scientists, community leaders, and advocates as they tell their families, friends, and neighbors about the root causes of the plastics problem, tying together plastic pollution, climate change, and environmental justice.

We follow them as they use the data they collect to testify and rally at City Hall for changes in policy.

But their work is not all outward looking. They also turn the focus back to their school. They execute their plan for a plastic-free day at PS15, working particularly on eliminating single-use plastic from their cafeteria.

It is fascinating to see the kids discover what they can achieve through their hard work. But as one reviewer noted, teachers and staff at the school are heroes as they build their

Three students at PS15 in Brooklyn's PS15 demonstrate how much more volume one pound of plastic is compared to one pound of fish as part of their work in alerting people to the problems of plastic.

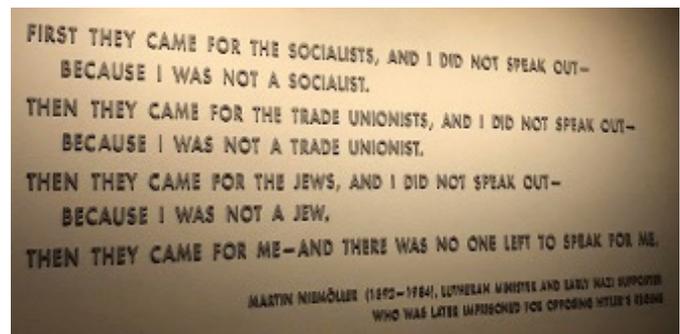
lesson plans around enabling their students' belief in their own agency to enact change.

And the kids also benefit from several experts in the fields of plastics. These include **Judith Enck**, a former EPA regional administrator and founder of the advocacy group *Beyond Plastics*, and **Marcus Eriksen**, who cofounded *5 Gyres Institute* with **Anna Cummins**. Together they built the *Junk Raft*, using 15,000 plastic bottles and sailed from California to Hawaii to bring attention to plastic pollution.

As former EPA administrator Enck said, "*Microplastic Madness* is the most informative, entertaining, and hopeful film I have ever seen on the significant problem of plastic pollution. I highly recommend that students and non-students alike watch it."

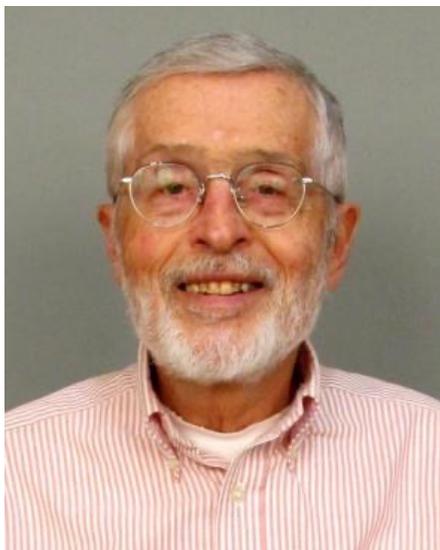
Sixth Annual Willamette View Holocaust Remembrance Ceremony

On April 8, 2021, Willamette View residents joined thousands of people around the world in ceremonies remembering those who suffered and died at the hands of the Nazis, whose hatred for Jews and those who were "different" led to the extermination not only of six million Jews, but also of five million others. This year, we will gather on Thursday, **April 16**, from 9 to 11:30 a.m. in the Blue Heron Auditorium for the 6th Annual Willamette View Holocaust Remembrance. Residents and staff will read the names of Jewish victims from a list provided by the **US Holocaust Museum**. All who wish to read names or simply sit and bear witness are welcome. If you wish to read, please contact **Helen Spector** (7034).



Warren Ford to present The Science of Plastics

by Sherman Bucher for the Green Team



Do you remember the long-ago ad with the tagline: **Better living through chemistry**? There was a lot of truth in that, but chemistry also gave us the scourge that we must deal with today – plastics. The science of how plastics are made, and why we can, and in many cases why we don't/can't, deal with the problems they create, will be the topic of a talk by Willamette View resident Warren Ford.

Warren can give us some of the answers on the creation of plastics and

how hard it can be to deal with them in his talk on Monday, **April 13**, at 7 p.m. in the Blue Heron Auditorium.

Warren earned a PhD from UCLA in chemistry. He was a professor and researcher for more than 40 years, teaching for 32 years at Oklahoma State University before retiring. While he was at Oklahoma State, he taught and directed a research program in organic and polymer chemistry. After retirement, Warren continued his work in chemistry, volunteering for the American Chemical Society and at the chemistry lab at the Oregon Museum of Science and Industry (OMSI).

Plastics is not a singular. Although there are thousands of plastic materials on the market, they are classified into seven groups for recycling purposes.

Warren will address in layman's terms why the differences among the groups prevent the materials from being put together for recycling purposes. He will also explain the economics of trying to deal with the multiple varieties of plastics. A question and answer period will follow Warren's talk.

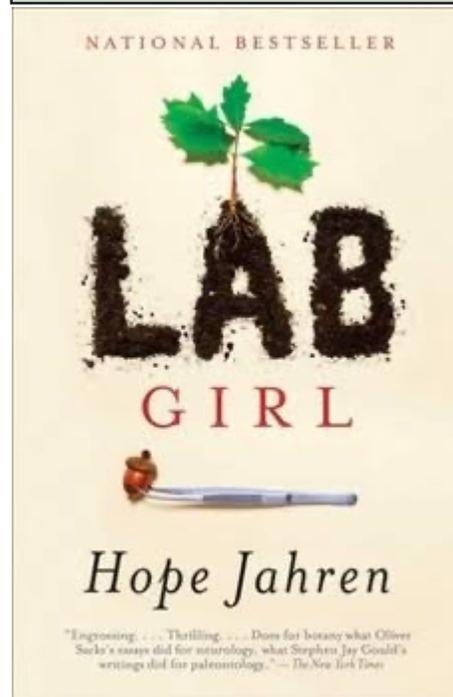
How Do I...? Tech Clinic by Rob Pirie

Do you have an Apple phone, an Android phone, a PC, an iMac, or some other piece of modern technology that is a continuing source of bafflement and frustration (maybe even rage) to you? Is it the kind of aggravation that leads to foul mutterings under your breath and a barely controlled urge to throw the item off the top floor of the Manor?

Well, weep no more, Willamette View residents! **The How Do I...? Tech Clinic** is coming soon to ease your pain and salve your wounds! The Big Guns of the **Resident Tech Support Team** are here to save the day. On Saturday, **April 11**, from 10 to 11 a.m., the team will be available in the Manor Heron Lounge (second floor) specifically to help you with your computer, phone, etc., problems. Bring us your computer/phone/tablet problems and we will do our very best to resolve your issues. In the event we can't find a solution, we may be able to refer you to an appropriate off-site technician.

Try This Title

by Penny Fiske



Lab Girl: A Memoir

by Hope Jahren

Published 2016

Terrace Library 580.92 JAH LP

Kirkus Reviews:

**Best Nonfiction Book
of the Century**

**National Bookcritics Circle
Award Winner**

Geobiologist **Hope Jahren** has spent her life studying trees, flowers, seeds, and soil. **Lab Girl** is her revelatory treatise on plant life – but it is also a celebration of the lifelong curiosity, humility, and passion that drive every scientist.

“Brilliant ... Extraordinary ... Delightfully, wickedly funny” –**Washington Post**

“Lyrical ... Illuminating ... Offers a lively glimpse into a scientifically inclined mind” –**Wall Street Journal**

“Revelatory ... A veritable jungle of ideas and sensations” –**Slate**

MusicWorks presents Portland Organ Group *by Larry Deckel, MusicWorks Committee*

The distinctive, alluring sounds of the Hammond B-3 organ will fill the Blue Heron Auditorium on Tuesday, **April 21**, at 7 p.m. when WV favorite Louis “King Louie” Pain will arrive with his quartet, the **Portland Organ Group**. King Louie, dubbed *Portland’s Boss of the B-3* by *The Oregonian* has performed thousands of times in clubs around Portland and at the yearly Waterfront Blues Festival.

The Hammond B-3 is a classic instrument, first manufactured in 1954. It saw great popularity among jazz, R&B, and progressive rock musicians in the 60s and 70s, who were attracted to its warm, versatile, and percussive sounds. These days, musicians often use a digital version of the B-3 that replicates its classic sound, while sparing them from lugging around a 350-pound instrument and a 150-pound Leslie speaker. Thank goodness for modern technology!

The Portland Organ Group is composed of the Mel Brown B-3 Organ Group – which has performed together for 28 years – with the addition of special guest drummer Jason Palmer. Guitarist Dan Balmer – who also tours the

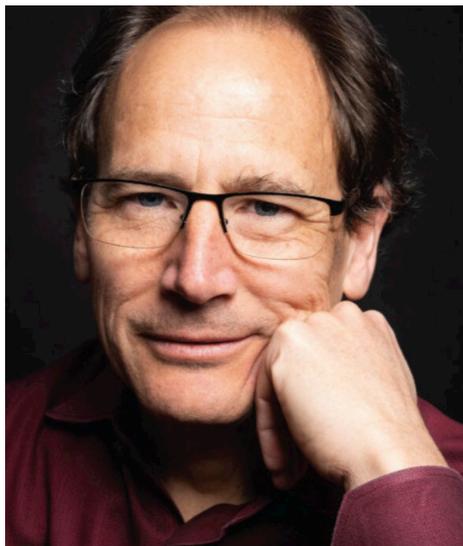


world with Pink Martini – has played at WV numerous times, as has saxophonist Renato Caranto. Along with King Louie, all three are Oregon Music Hall of Fame inductees. They will be performing an eclectic mix of songs, including standards from the 40s and 50s, pop songs from the 50s, 60s, and 70s, and a little taste of blues and soul-jazz material. Don’t miss the chance to hear this storied quartet and iconic sound of the Hammond B-3 at the hands of a master musician!

Award Winning Pianist to Perform on April 30 *by Ginny Seabrook, Music Committee*

On Thursday, **April 30**, we will welcome to WV one of the finest pianists in this country. **David Korevaar** received a standing ovation when he appeared here last year. This concert will be at 7 p.m. in the Blue Heron Auditorium.

Hailed for his “wonderfully warm, pliant, spontaneous playing” by the *Washington Post*, award-winning pianist David Korevaar is in demand as a soloist, chamber musician, and collaborator. Korevaar has performed and given master classes throughout the United States, Europe, Asia, and Central and South America. Recent highlights include recitals and master classes in Taipei and a tour of Brazil, with performances in São Paulo, Porto Alegre, Rio de Janeiro, João Pessoa, Recife, and Natal. He has also concertized and given master classes in Kazakhstan and Tajikistan as part of the US State



Department’s Cultural Envoy program and taught at the Afghanistan National Institute of Music (ANIM) in Kabul.

Korevaar’s active career includes solo performances with the Rochester Philharmonic, Colorado Symphony, Louisville Orchestra, Japan’s Shonan

Chamber Orchestra, Brazil’s Goiânia Symphony, and with acclaimed conductors Guillermo Figueroa, Per Brevig, Stanislaw Skrowaczewski, and Jorge Mester. His performance of John Cage’s *Concerto for Prepared Piano and Chamber Orchestra* under the direction of Paul Zukofsky was praised by the *New York Times* “as admirably projected in the devoted and lovely performance of David Korevaar.” A passionate and committed collaborator, Korevaar is a founding member of the Boulder Piano Quartet, currently in residence at The Academy in Boulder, for which he curates a chamber music series. He performs regularly with the Takács Quartet, and recently appeared with them in the Great Performers Series at New York’s Lincoln Center. When not performing and teaching, David enjoys reading and running and hiking in the Colorado mountains.

Earth Day 2026 – Our Power, Our Planet *Continued from page 1*

The impact of plastic on air, land, water, plants, animals, and ultimately humans is well documented and spreading. Here are some of the impacts on our planet from plastics:

Air – Decaying plastic can send methane into the atmosphere. And the production of plastic releases significant greenhouse gasses.

Land – Microplastics damage soil organisms like earthworms and reduce soil fertility, impacting plant growth.

Water – Plastics harm the smallest of water-borne life – plankton – and that works its way up the food chain to fish and seafood eaten by humans. Plastics also can increase waterborne diseases.

Plants – Toxins from microplastics can reduce photosynthesis, stunting plant growth and leading to wider use of chemical fertilizers.

Animals – On both land and water, animals ingest plastics directly or in what they eat, disrupting their organ functions with fatal consequences. And we all have seen photos of animals entangled in plastics and the terrible results caused by that.

Humans – We are at the top of evolutionary life, and all the damage caused to air, land, water, plants and animals can ultimately prove damaging to our health as we breathe, drink and eat so much that is infused with plastics.

The answers to our plastics problem are many and varied, such as megaprojects to attack ocean pollution. But we can

take positive steps. A few of them are:

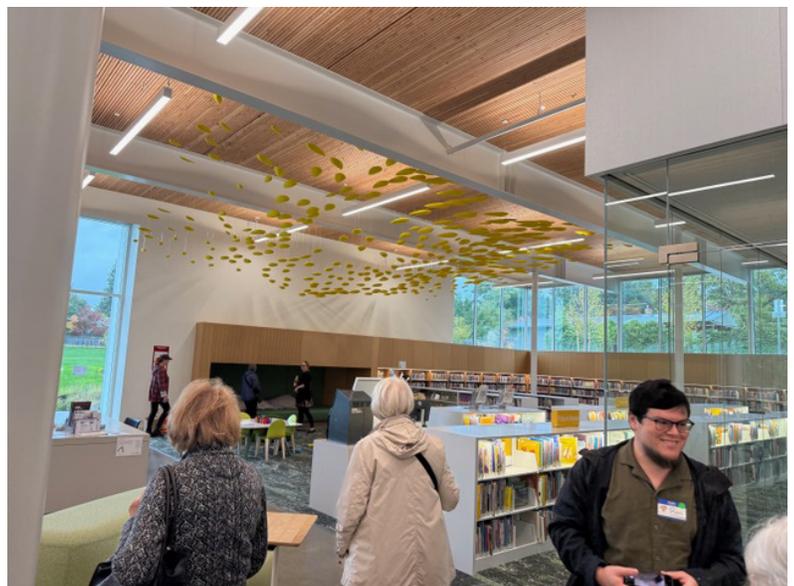
- Use water bottles made of stainless steel or glass instead of plastic.
- Use microwave-safe glass or ceramic containers for microwaving food instead of plastics, which break down under heat and can get into foods.
- Likewise, store leftovers in glass, ceramic, or stainless steel instead of plastic containers.
- Replace plastic mixing bowls, spoons, cutting boards, and other kitchen items.
- Limit single-use plastics, including straws, cups, plates, utensils, and bags.
- Wear clothes made of natural fibers like cotton or wool.
- Buy organic produce to reduce your exposure to pesticides, which can contain microplastics.

Oregon and some other states have enacted producer responsibility laws, with the backing of citizens concerned with plastics' toll on the environment. Responsibility laws mandate that producers address pollution/plastic problems by helping to clean up the mess from which they are profiting.

It will take government action from local to international to solve the plastics problem. But we can help in small but impactful ways by examining our own plastic use, replacing plastic with nonplastic items, reusing what we have, and recycling when possible.

New Oak Lodge Public Library is a valuable public resource

The new **Oak Lodge Public Library**, part of the LNCC Library System, is located at 3788 East Concord Street, just east of McLoughlin Boulevard. It is a great resource of books and other informative materials. **Public Affairs Chair Wayne Potter** is especially interested in its **Seed Sharing program**, which includes access to seeds that local gardeners can use for their own flower and vegetable gardens. Wayne plans a podcast to promote the library and hopes to arrange a visit for Willamette View gardeners to collect seeds and learn more about the program. Residents who are interested in working with the Public Affairs Committee on this project or are interested in a group visit to the library may contact Wayne Potter at 503-858-8231.



New residents enjoyed medical/pharmaceutical careers, volunteerism



Ed Mohler

Ed Mohler came from Lititz, PA, to 406B on February 19. He had lived previously in New York City; Canaan, NY; and Williamstown, MA. He attended Mount St. Mary College for a BS and the University of Maryland for an MD degree. In his career, he was an orthopedic surgeon and assistant professor in charge of pediatric orthopedics at Kings County Medical Center and an orthopedic consultant for United Cerebral Palsy and New York State Department of Developmental Medicine and Mental Retardation. He also served as an orthopedic surgical consultant to St. Joseph's Abbey, a Trappist monastery in central Massachusetts, for 35 years. He was a cofounder of CHiPS (Community Help in Park Slope), a Brooklyn-based nonprofit that combats food insecurity and homelessness by providing free meals, a food pantry, and a transitional residence for pregnant and new mothers.

Ed's interests include golf, pinochle, billiards, photography, hospice care, walking, meditation, and the Water Street mission.

He is the father of three sons and has



Beth Finlay

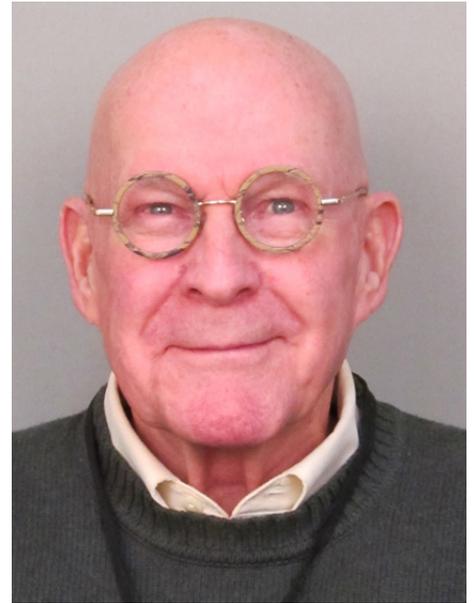
two granddaughters. He chose WV because of its location, activities, and involved residents.

Beth and Bill Finlay are new residents of 605E, having moved on February 2 from their home in Reading, PA. They lived earlier in Philadelphia and Williamsport, PA, and in Racine, WI.

Beth summarized her life events in this essay:

"I grew up in western Maryland just a few miles below the Mason-Dixon Line. My first and enduring passion was for all things equestrian. I was fortunate to ride with great instructors and, as a young adult, got to write for an equestrian magazine and to edit a combined training newsletter. I got my BS in Biology from Juniata College, a liberal arts school in central Pennsylvania. My first real job was in pharmacology research with Smith Kline & French Pharmaceuticals in Philadelphia, now GlaxoSmith-Kline, where I met Bill.

"A few years later, children would supplant both the lab and the horse barns, and I was at home with three young sons until they were beginning



Bill Finlay

to launch their separate lives. Happily, I then had a second career with Penn State University, recruiting and training volunteer gardeners for the Master Gardener program, first as a county coordinator and later as a regional coordinator and member of the state team.

"Bill and I have done several home exchanges with European families, who have remained valued friends.

"My interests include perennial and landscape gardening, writing, travel, reading, walking, and nature. I'm also known to indulge in mystery and drama series via BritBox, Masterpiece, and Netflix."

Bill attended Grove City College for a BS in biology and Temple University for an MA in biology. He says, "There's a perfectly illogical explanation for the unusual award of a Masters of Arts degree in a science." He spent a career in the pharmaceutical packaging industry, supplying packaging components and delivery devices for injectable drugs to the healthcare industry, in jobs ranging from entry-level sales to company CEO. *(continued on page 11)*

Photos by Mike Lincicum

Bill's volunteer activities have included the Big Brothers Big Sisters of America; American Youth Soccer Association as a coach and referee; Torch Club International, Reading, PA chapter; Penn State Master Gardeners; and Reading Area Corporate Trainers' Association. Other interests include woodworking, cycling, kayaking, making art, and his weekly Substack: "What's Probably True."

Beth and Bill have three sons and six grandchildren.

When asked why they chose Willamette View, Bill says, "On our first tour of WV, Director of Sales Mark Hollis mentioned the plethora of activities available, all run by residents. When I said I was impressed with the variety of opportunities and level of resident involvement, he jokingly responded, 'At Willamette View, the inmates pretty much run the asylum.' I thought, 'This must be a very cool place.' Turns out I was right."

Dance

Magnolia petals fall
 Magnificent, grand, white flakes
 Spiraling so slowly down
 Floating on air for a time
 Suspended beauty on wing
 Regardless of what I do
 Regardless of what you do
 It happens new every spring
 Available for any
 Willing to be attentive
 The heart listening, quiet
 Standing still, patiently there



*Lynnetta Wisler
 March 2026*

Meet the Pantry's New Management Team

The Pantry's new management team is working cooperatively with its all-volunteer staff so the Pantry can providing products residents want and need. New volunteers are always needed to help with the variety of jobs it takes to keep the store open six days a week from 11 a.m. until 1 p.m. If you have an hour or two to lend a hand as a salesclerk or stocker, please contact **Kathy Rogers** at 6458 or kathbert81@gmail.com.

Meet the candidates for nonpartisan positions and learn about measures on the May 19 primary ballot at two voter **Information Committee Forums** in the Blue Heron Auditorium:

Saturday, April 18 - 10 a.m.
 Saturday, April 25 - 10 a.m.
Questions?
 Contact Roy Kruger at 6579

Clackamas Fire District firefighters came to Willamette View on March 11 in five vehicles for a high-rise building practice. They carried hoses to the Court fourth floor to simulate extinguishing a fire and then practiced a rescue through the roof of the building. Campus Safety and Security Manager **Colin Reid** and **Steve Waud** from WV Maintenance facilitated building access. SERV volunteers braved the cold weather to organize traffic control and hosted a rest station for the firemen.

by Candace Bradley, SERV Committee

*Photos by Candace Bradley
 and Doug Dicharry*



✓ Check it out

by Ginny Seabrook, Library Committee Chair

April – A Dual Celebration

T. S. Eliot said that “April is the cruelest month...,” but during April 2026, the library is celebrating because it is both **Earth Month** and **Poetry Month**. Earth Month celebrates the Earth in all its wonder and beauty. It reminds us not to take our home in the galaxy for granted. It’s so easy to get caught up in the minutiae of daily life, family plans, what we need to do today; yet the poets have always known that there is more to life than minutiae. Or maybe they just elevate the mundane to a level beyond our daily thoughts. And they are inspired by nature.

In our library we have **Devotions** by poet **Mary Oliver** (right,) where we can read:

For years every morning, I drank
from Blackwater Pond.
It was flavored with oak leaves and also, no doubt,
the feet of ducks.



What a lovely combining of the minutiae and glory of Earth. It made me wonder just what is the flavor of the feet of ducks. Only Mary Oliver would cause me to ponder that mystery. **Gerard Manley Hopkins** became my favorite poet when I first read his poem, **Spring and Fall to a Young Child**. Margaret is a child who innocently grieves the loss of leaves in the fall. Hopkins asks, “Margaret, are you grieving over Goldengrove unleaving?” Hopkins is an artist who paints with words, and he also wrote of spring:

Nothing is so beautiful as spring—
When weeds, in wheels, shoot long and lovely and lush;
... And thrush
Through the echoing timber does so rinse and wring
The ear, it strikes like lightnings to hear him sing;

Some birders believe that the thrush family has the most beautiful songs of all birds, and I agree.

We have eight books of poetry scattered throughout our WV libraries from **The Best Poems of the English Language** by **Harold Bloom** to **Amanda Gorman’s Call Us What We Carry**. Gorman was the youngest poet ever to read her work at a Presidential Inauguration in 2021.

During Earth Month, displays in the Court and Manor libraries will suggest books to read during April and other months. Nonfiction as well as fiction books will be part of the display.

Some Earth Month choices are:

The Lost Trees of Willow Avenue; A Story of Climate and Hope on One American Street, by Mike Tidwell
(recommended by Terrace Librarian **Susan Nichol**)

Braiding Sweetgrass, by Robin Wall Kimmerer (recommended by Manor Librarian **Ruth Yokoyama**)

Wild, Dark, Shore, by Charlotte McConaghy
(a fiction book recommended by several people on the **Library Committee**)

Funding for the WV Libraries is provided by a grant from the Blue Heron Foundation At Willamette View through the generosity of donors.

Did You Know

*Highlighting Willamette View Services
by Dana Taylor*

**Short-term and solution-focused
counseling for individuals
at Willamette View**

Drop in and scheduled appointments

Reason not required!
Shannon is available.

Support during life transitions

Shannon has resources.

Sometimes we just need to be heard

Shannon listens.

Shannon Widner
Willamette View Counselor
503-652-7355

Ring! Ring! Ring!

How distracting that is when you are in one of the dining rooms. Please place your cellphone on silent before dining, and excuse yourself from the dining room if you need to take a call.

*by Mary Cottrell
for the Food & Dining Committee*

APA Spotlight

by Pamela Brown, Art in Public Areas Committee

We are so lucky to have one of **Sally Haley's Watermelon Slice** prints hanging in the lobby of the Terrace Auditorium. Haley drew this piece using colored pencils on paper. An award-winning artist, she grew up on the East Coast. After completing college at Yale, Haley came to Portland with her husband Michele (Mike Russo), who took a teaching position at the Portland Art Museum in 1947. During her long career – she lived to be 99 – and she was widely known and praised in the art world for her portraits and still life paintings. Her work is honored and respected in many private and public collections – truly a life fulfilled!

Funding for APA is provided through a grant from the Blue Heron Foundation.

Skyline Building Windows Enhance Sustainability

by Gary Smith

Heat loss through windows and doors wastes energy and money. Reducing wasted energy helps us be better stewards of an environment that is being harmed by the emission of greenhouse gases. For a high-rise building in the Pacific Northwest, heat loss through windows and doors is generally comparable to loss through walls and to loss through the roof (25-30% for each of those three building components).

The Skyline building that will replace the Plaza is being designed with double-pane windows featuring glass made with low-emissivity coatings. The coatings are microscopically thin, transparent layers of metal or metallic oxide that reflect heat and ultraviolet light while admitting light that our eyes can see.

High-quality glass is combined with quality window frames that limit leaks of air and moisture to save energy and reduce maintenance costs. The Skyline building will have different frames for “window walls” and for windows surrounded by opaque wall material. Frames are manufactured from aluminum, vinyl, or fiberglass. Aluminum can be recycled when the frames reach the end of their lives, but that material generally transmits more heat than vinyl or fiberglass.

The Willamette View design team aims to reduce energy costs by selecting higher-quality window products. Bids from multiple companies are sought and then evaluated as to purchase cost and the manufacturers’ abilities to produce needed types and volumes of windows within the construction timeline.



Apartment Moves

	<i>from</i>	<i>to</i>	<i>phone</i>
Bibi Momsen	104P	303E	652-6627
Pat Jellesma	301P	206BH	652-6625
Linda Cadzow & Ron Scissom	109P	514S	353-7090
Joel Meresman & Lyn Satterstrom	109NP	201NP	652-6730
Barbara Maxwell	309P	607E	652-6658
Carole Edelsky	303A	601E	652-6734
Charlotte Cox	202P	1818SS	652-6654
John & Nancy Bouwsma	312P	505E	652-6789
Mike & Carrie Bruist	208P	304NP	652-6603
Vernon Huffer	102P	508E	652-6652
Penny Fiske	307P	602E	652-6828
Dawn Keller	201P	303A	652-6333
Mike & Bubbles Lincicum	305P	112NP	652-6655
Vicki Mintkeski	107P	109NP	353-7059
Barbara Nye	205P	405C	652-6750
Ed Mohler	New resident	406B	652-6341

Willamette View Plant of the Month *by Fred Rauch* *Magnolia grandiflora 'Little Gem'*

One of WV's most popular trees, a Southern Magnolia (*Magnolia grandiflora*), was lost to construction. This was a large, broadleaf ever-green tree, native to the Southeastern United States, that was noted for its attractive glossy dark green leaves and its large, extremely fragrant flowers. However, one of its many cultivars, "Little Gem," is planted in the Harmony Garden. It is a compact dwarf cultivar with glossy dark green leaves that have rusty brown undersides. It is highly prized for its prolific, fragrant white flowers that bloom from spring through summer. The tree is medium growing, low-maintenance, and drought-tolerant – all



the charm of Southern Magnolia in a small size.

In Remembrance *Tom Prochaska*

Willamette Views
A publication of the
Willamette View
Residents Association
Published September through July
Willamette View, Inc.
13021 SE River Road
Portland, Oregon 97222
Council Chair: Donna Moores
Vice Chair: Steve Bennett
Editor: Mary Helen Socolofsky
Submit articles to
mhsoco@gmail.com
by the 14th of the month
or to 204BH.
Articles may be edited.

Life Enrichment invites residents to special programs

by Nate Lesiuk, Life Enrichment Manager

Wednesday April 8	Ellen Whyte and Sonny Hess Guitar and Vocal Performance (Terrace Aud.)	2:30 p.m.
Wednesday April 15	King Louie and Renato Caranto Jazz Performance (Blue Heron Auditorium)	1:30 p.m.
Wednesday April 22	Darrell Jabin – Speaker Presentation (Terrace Auditorium)	2:30 p.m.

Perspectives on the Natural World

by Joline Shroyer

PILEATED WOODPECKER – *Drycopus pileatus*, family *Picidae* [pick-a-dee]

One day I glimpsed a black, flame-crested woodpecker, the largest species in North America and sixth largest in the world, flying past WV with its distinctive undulating flight pattern. Overhead, its black color and size appear crow-like except for white underwing patches. One defining trait is its loud repeated “kuk” uttered with each wing downstroke. The genus name *drys* is from ancient Greek for oak or tree and *copus* for cutter or striker, with *pileus*, a Greco-Roman felt cap, for their brilliant red triangular crests. Males have a red “mustache,” black in females. Its *wicka, wicka* call is flicker-like but louder and deeper. Limited to North America, it needs large trees to nest and roost in forests, forested swamps, and also urban stands of large trees. It ranges from central California north through the West Coast states, across the northern US and southern Canada, then down through the eastern U.S.

Its three-second drumming to attract mates and proclaim territory is the loudest of all woodpeckers and is per-

formed on hollow trees – or the metal flashing on a house’s eaves! – to make the most resonant sounds possible. Their long, brushy tongues lick up ants, at least 80 percent of their diet, along with wood beetles and larvae, nuts and wild fruits, and occasionally even suet at feeders. Seeking insects, the birds strip bark, hack logs, dig earth, tear up anthills, and bore deep rectangles in trees. Their chisel bills can wrench out and fling six-inch chips, damaging trees and occasionally homes, but the birds are protected under the Migratory Bird Act.

A courting male performs a bowing, scraping dance around a female, who revolves to watch. A pair mates for life. If a mate dies, the other keeps the territory and seeks a new mate nearby. Though loudly drumming in spring, they are secretive when nesting.

Mates forage together but roost separately at night. A pair re-nests in the same area each year, making a new hole and rearing one brood. The male selects the nest site and does most of the excavating of a chamber. Fine wood chips cushion the one-to-six white eggs. Males do more incubating than the females. The male takes the all-night shifts while the female roosts in a hole nearby.

Both parents have incubation patches (bare areas on the belly to warm the eggs) and are devoted to their naked, blind young, regurgitating food vigorously down their throats. Females usually do more brooding of the young. The young exit the nest at 27 days, displaying juvenal plumage (colors duller

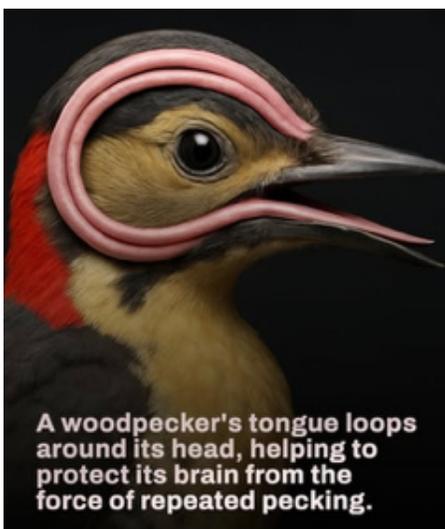


Male on left; female on right

and crests splotchier), which will last until they leave in September. Fledglings shadow their parents for weeks begging food; parents will even jam nuts into bark for them to learn to hammer out.

The birds live at least nine years. Enemies are raptors, weasels, snakes, and man. Native peoples used parts of them medicinally and also decorate peace pipes and headdresses with strings of their bright crests – even entire heads. In the past, the birds were hunted for sport and food. Lewis and Clark reported the meat as tough and bluish, with an “unpleasant sweet-sour, wood-ant flavor no seasoning or cooking could disguise.” Songbirds, owls, tree ducks, and squirrels may use old woodpecker holes for their own nests. Ecologically, the entire woodpecker family is important to the well-being of many other bird species.

What amazing, tough birds
are the Picidae,
Not fragile like a dove or a chickadee,
Jackhammering their brains
Without dementia or pains!
If WE foraged like that,
we’d be rickety!



A woodpecker's tongue loops around its head, helping to protect its brain from the force of repeated pecking.

Activity	Day	Time	Location	Contact	Phone
Bike Riding	Mon., Wed., Fri.	TBA		Warren Ford	6325
Book Review	Third Wednesday	10 a.m.	BH Auditorium	Sue Bosshardt	6823
Bridge – Duplicate	Friday	6:15 p.m.	Multipurpose Rm.	Gary Smith	925-872-0969
Mix & Mingle	Wednesday	5:30 p.m.	Heron Lounge	Jan Campbell	6822
Caregivers Support Group	First and third Thursday	10:30 a.m.	Court Family Rm.	Shannon Widmer	7355
Carpet Bowling	Mon., Wed., Thurs., Fri.		Court Rec. Rm.	Mark Troseth	7220
Catholic Communion Group	Thursday	11:15 a.m.	Heron Lounge	Deanna Sundstrom	6483
Children's Toy Room	Open daily		Court Rec. Rm.	Candace Bradley	7201
Chorus	Thursday	12:30 p.m.	BH Auditorium	Anne Tracy	6530
Cognitive Support Group	Second/fourth Thursday	11 a.m.	Terrace Conf. Rm.	Sylvia Randall	7222
Drumming Circle	See Friday Notice		Blue Heron Aud.	Sherry Johnston	6410
Episcopalians and friends	Fourth Thursday	11 a.m.	Court Family Rm.	Carol Anne Brown	2706
Garden Committee	Second Tuesday	10 a.m.	Court Family Rm.	Joyce Liljeholm	6595
Green Team	Second Wednesday	9:30 a.m.	Court Family Rm.	Potter Herndon	7076
Ham Radio Club	Saturday – Bring your own breakfast –	8:30 a.m.	Elk Rock Bistro	Doug Lary	6519
Hooks and Needles	Tuesday	1 p.m.	North Point Lobby	Connie Isbell	6611
Language — French Conversation	Tuesday	12 noon	Elk Rock Bistro	Gail Durham	6815
German Conversation	Wednesday	12 noon	Elk Rock Bistro	Klaus Jaeger	6293
Spanish Conversation	Wednesday	11 a.m.	Manor 3rd Floor Lounge	David Heath	7240
Language of the Heart	Thursday	10 a.m.	Heron Lounge	Joe Johnson	6309
Legacy Writers	Fourth Thursday	3 – 5 p.m.	Heron Lounge	Peter Gibb	6591
Line Dancing	Thursday	3:30 p.m.	Fitness Studio	Elaine French	6502
Low Vision Support Group	Second Wednesday	1:30 p.m.	Court Family Rm.	Jim Sawyer	2760
Mahjong	Monday	2 p.m.	Multipurpose Rm.	Donna Kling	7229
Mindfulness Meditation	Sunday	4 p.m.	Manor 3rd Floor Lounge	Frankie Borison	7215
Movies — International Film	Second Tuesday	6:30 p.m.	BH Auditorium	Deanna Sundstrom	6483
Saturday Night Movie	Saturday	6:30 p.m.	BH Auditorium	Ellen Leff	6597
Outdoor Campus Committee	First Monday	1 p.m.	Court Family Rm.	Ron Ture	7028
Pen Pal Program				Teri Bennett	6656
Pickleball	Sun., Tues., Thurs., Sat.	8:30 a.m.	Sport Court	Gary Smith	925-872-0969
Ping Pong	Monday, Wed., Friday	1:30 p.m.	Court 1st floor	Robin Bolton	6430
Pinochle – all levels welcome	Thursday	6 p.m.	Heron Lounge	Robert Donaldson	6743
Plant-based Nutrition Group	Second Saturday	3 p.m.	Court Family Rm.	Jerry Smith	6502
Pool Volleyball	Monday, Wed., Friday	10 a.m.	Pool	Candace Bradley	7201
Q&A by Craig	1st Thursday	3 p.m.	BH Auditorium	Susan Di Piazza	7351
Recorder Class/Consort	Tuesday	11:30 a.m./12:35 p.m.	Multipurpose Rm.	Dotti Chidester	7062
Resident Council Meeting	Second Friday	10:30 a.m.	BH Aud., Zoom	Donna Moores	7097
Retired Clergy Group	Fourth Tuesday	4 p.m.	Court Family Rm.	Dale Harris	6482
Sew Be It	Last Friday	1 p.m.	Court Family Rm.	Eliz. Knecht	503-200-9250
Sunday Sing-a-Long	Third Sunday	3 p.m.	BH Auditorium	Peter Gibb	6785
Tai Chi	Friday	9 a.m.	Fitness Studio	David Kohnstamm	6727
Team Trivia	Second & fourth Mon.	6:30 p.m.	Multipurpose Rm.	Sherman Bucher	7214
Unitarian-Universalists and friends	Third Tuesday	3 p.m.	Multipurpose Rm.	Jane Cadwallader	6455
Willing Weeders	Various days/times		WV Outdoor Campus	Donna Kling	7229
Wine Tasting	Second & fourth Tuesday	3:45 p.m.	Heron Lounge	Bob Kahl	6279
Yoga	Tuesday & Thursday	8 a.m.	Fitness Studio	Ann Rutz	6504
Yoga, Chair	Thursday	9:30 a.m.	Multipurpose Rm.	Ann Rutz	6504

See wvresident.org/activities/activities-calendar for complete list.