

# SERV Know-Your-Apartment



1. Identify 3 things that might trip us up in our apartments.
2. Identify 3 things we can do to make our apartments a safer environment for surviving an earthquake?
3. If there is a fire in our apartment, what should we do?
4. If you fall and **can't** get up, what **SHOULD** you do?
5. If you fall and **can't** get up, what should you **NOT** do?



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### **Things in our apartments that might trip us up:**

Objects blocking pathways, cords in the way, clutter, rugs

- Rugs - put anti-skid mats underneath or remove rugs.
- Power Cords - move them against baseboards.
- If emergency personnel need to enter your room with equipment, they need clutter-free pathways, up to 36" wide.

### **Preventative measures in case of an Earthquake:**

- Call Maintenance (#6678) to attach tall/heavy furniture to wall
- Move potentially dangerous objects from wall above bed
- Plan where you would Drop, Cover and Hold On in each room.
- Stay in your apartment unless it is unsafe or you are told to evacuate.

### **If a fire occurs in your apartment**

- Get out, close your door, pull fire alarm in hallway, call 911, get barriers between you and fire (more than 1 fire door).
- If you can't leave your apartment, call 911, put doors between you and the fire, place damp towel at base of doors. For rescue purposes, stay where there is a window. Don't become a victim.

### **If you fall and **can't** get up, what **SHOULD** you do?**

- Push your PHB and call Safety & Security (503-730-5337). Wait for their assistance.

### **If you fall and **can't** get up, what should you **NOT** do?**

- Do NOT ask anyone else to help you up – they could inadvertently hurt you or hurt themselves