



## Emergency Supplies

Willamette View has emergency supplies for us to use in an emergency. What we don't know is how easy or difficult it might be to distribute supplies given the varied nature of emergencies. SERV suggests that we all keep a supply of water, non-perishable food and power sources in our apartments. It gives us options.

1. How many days of stored drinking water (1 gallon per person per day) do you *currently* have in your apartment? \_\_\_\_\_
2. In an emergency, if we *have* power (your refrigerator, microwave, stovetop and oven work), how many meals could you prepare from supplies you now have?  
\_\_\_\_\_
3. If we have an *extended* power outage and your refrigerator, microwave, stovetop and oven *do not work*, how many meals could you prepare from supplies you now have?  
\_\_\_\_\_
4. If we lost power, what devices (such as flashlights) do you have that would help you move safely around your dark apartment?
5. If we lost power, how would you get information and communicate with family/friends once the charge in your devices runs down?



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AquaBrick®

### **WATER is our most basic need.**

**Recommendation** (from FEMA): Store at least one gallon per person per day—for as many days as you can store. The more the better.

**How can you do this?** Gallon jugs & stackable containers (available online, see photo above).

**Where can you store it?** Closet floor, by toilet, under table/desk, under the bed.  
Stack AquaBricks (photo above), cover with a tablecloth and use as an end table!

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### **FOOD**

Emergencies vary. Having food in your apartment gives you options.

**Recommendation** (from FEMA): Have a 3-day supply of non-perishable food and a *manual* can opener. Choose food you can eat at room temperature. They suggest:

Ready-to-eat canned meats, fruits and vegetables

Dry cereal or granola, dried fruit, nuts

Canned juices and non-perishable pasteurized milk

Protein or fruit bars

Nut (such as peanut) butter

Freeze-dried meals

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### **LIGHT & POWER**

What can you use for power in your dark apartment?

**Examples:**

Battery-operated & rechargeable flashlights (including head lamps and hand-held)

Rechargeable LED light bulbs for lamps. (Once you charge them, they work several hours.)

Portable power stations/chargers to charge your phones and other devices when you don't have power.