



## ((( EXTREME COLD )))

1. Extreme cold is coming. What can you do before? How do you stay warm in your residence?

What should you NOT do?

2. Given that our cold snaps usually begin and/or end with freezing precipitation, you may be snow/ice bound for several days. How should you prepare?

3. What are at least 2 weather-related things to know before heading outside in the extreme cold?



Aug 31, 2024

## Answers

1. Cold apartment? Stay informed via TV, phone, radio and WV communications. Request a portable heater from Maintenance during business hours Monday-Friday (ext. 6678). At other times call Safety & Security (503-730-5337). Other suggestions: dress warmly in layers, close window coverings day and night except to let in direct sunlight, keep windows latched, occasionally run your built-in bathroom heater, use a humidifier (keep relative humidity between 30 and 45%).  
**Do Not** use your oven as a heater. **Do Not** lower your thermostat setting at night.
2. Snow/ice bound? Driving will be inadvisable and there may be operational disruptions so staff may be stuck at home. Stock up on necessities beforehand. The power may go out due to ice/wind. Keep batteries charged. Check any battery pack you have – is it fully charged? Make sure your flashlights work.
3. Before heading outside check campus safety updates and posted warnings. Know walking/driving surface conditions, temperature and weather forecasts. Consider adding traction devices (like Yaktrax) to your shoes to help stay stable on ice. Other, less critical, things: consider the wind chill, windspeed and snow level. If you do go out, beware of falling ice/snow.