

## File of Life

1. What is the purpose of the *File of Life* form and what information does it contain?
2. Where should you keep your File of Life form?



1. The File of Life provides information to EMERGENCY RESPONDERS about you so that they may more promptly and effectively treat you in a medical emergency.

The File of Life form, completed by each resident, lists: medications, medical conditions, allergies and emergency contacts.

Update the form whenever your information changes - we suggest you print it in pencil so you can make changes OR get a new copy from our Health and Wellness Coordinator, at the Wellness Office, OR, even easier, use the fillable form online at:

<https://formspal.com/pdf-forms/other/file-of-life-form/>

Although this form does not exactly match the file given us by Clackamas Fire, they assure us they will use it.

2. The form should be kept in the red magnetized holder marked FILE OF LIFE that you received from SERV. Put it on the front of your refrigerator – it's where EMERGENCY RESPONDERS will look first.



Sept 30, 2024