

If you need **IMMEDIATE** attention  
(life-threatening, significant pain, something is seriously wrong)

**Call 911, hit your PHB, call Security**  
(from house phone: 8-503-730-5337)  
(from cell phone: 503-730-5337)

If situation is **SERIOUS, hit your PHB, call Security**

But **if you aren't sure, call someone**, ask for help  
**Don't leave it unsaid!**



Sept 17, 2024

## REMEMBER THIS !

In an emergency that needs *immediate* assistance:

1. **Dial 911** from *any* phone – wait for their answer. It can take a bit of time to connect so **don't hang up**. Answer their questions and follow their instructions.



2. While waiting for 911 to answer, push your PHB (Personal Help Button). This lets Safety & Security know you have a problem.



(Okay, so it's not really this big, but you get the idea)

3. After speaking with 911, CALL Security (**503-730-5337 from your cell or 8-503-730-5337 from WV landlines**). Tell them you've called 911 and give them details. Put that number in your cell phone right now.

(If someone with you has their own phone, tell them to call Safety & Security while you speak with 911)